Recognition and Appreciation and its Psychological Effect on Job Satisfaction and Performance in a Malaysia IT Company: Systematic Review

Norida Abdullah¹ Olurotimi A. Shonubi², Rahman Hashim³, Norhidayu Hamid⁴

^{1,} Centre for Languages and Human Development, UniversitiTeknikal Malaysia Melaka, Hang Tuah Jaya, 76100 Durian Tunggal, Malacca

^{2,3,4} Institute of Technology Management and Entrepreneurship, UniversitiTeknikal Malaysia Melaka, Hang Tuah Jaya, 76100 Durian Tunggal, Malacca

ABSTRACT:- There is a general assumption that every employee like to be recognized and appreciated, because they are everyday human innate need. Though, there has been extensive study on intrinsic motivational factors but still there still few studies on appreciation and recognition and how they can be well utilized in the organization to boost job satisfaction of employees. Thus, this paper aims to explore and examine previous literatures on employee intrinsic motivational factors and using those studies as background knowledge for this present study on employees' perception of recognition and appreciation are basic psychological process, therefore, becoming significance and inevitable to every human. However, this present study aims to utilize using previously-validated and originally developed measures with little or no modifications where necessary to suit the present research context. Structural equation modeling using Amos will also be utilized to find the level of influence of recognition and as well as the level of appreciation towards TM employees' job satisfaction and performance.

Keywords: Recognition, Appreciation, Job satisfaction, Job Performance, Psychological Effect, IT employees

I. INTRODUCTION

"One of the laws of psychology positively articulates that if you want someone to repeat a behavior, you should positively recognize the behavior immediately" (Schultz, 2015). Exploration on employees' motivation, stated that today's workforce is more articulate about their needs and wants as well as desiring the best of everything; differing from competitive salaries, comfortable lifestyles, job security, job enhancement options, work-life balance (Limaye and Sharma, 2012). As human, our aspirations and need are endless and can never be satisfied, acknowledging this reality, this is why organizations need to have clear philosophies and strategies which supports workforces'advancement, as well as intrinsic ways of encouraging and engaging with the employees. While many organizations are attempting to make the big difference, some organizations have institutionalized robust practices and effective processes that go a long way in influencing employee perception. Based on (Matlala, 2011; Cokins 2009) these writers affirmed that "if organization use the wrong key performance indications, then the behavior, focal points and decisions of employees and their organization as a whole will never be well aligned with the course of the decision-making team".

However, studies on employee recognition pointed out that IT sector is said to be confronted mostly with constant mobility of their highly skilled personnel. As a result, there is need to prevent these negatives result and find out the factors that influence within the IT organization which may lead to job satisfaction and increased job performance among the IT employees. Mussie et al., (2013) articulated that one valuable outcome and reason for recognizing employees is the fact that people who feel treasured are more positive about themselves and their capacity to contribute, i.e., employee recognition can improve productivity and increase satisfaction (Mussie et al; 2013; Gostick & Elton, 2007; Nelson, 2005; Daniels, 1999; Darling et al., 1997). An organization may use recognition as a standard measure to show employees that their contribution to the organization is acknowledged, and in so doing, influence their passion and job performance.

Matlala (2011) found that organization could improve and encourage the use of effective acknowledgement in the feedback process of the performance management system. The findings explained that recognition program may also influence the company to look at a more structured procedure to recognition that would allow the powerful culture it strives to get. Therefore, this present research will examine the

psychological role of recognition and appreciation played in motivating employees and the moderating role of self-esteem. The study will explore which of these factors, recognition or appreciation, has a greater impact on employee job satisfaction and performance. It is unavoidable and important to identify that exceptionally satisfied and motivated employees are valuable assets for any business. The idea of staff satisfaction has great importance in the field of professional counselling. A huge amount of studies has been conducted on employees' satisfaction, though, many organizations use different tools to meet and motivate their employees (Tausif, 2012). Corresponding to Tausif (2012); Locke (1976), it was verified that over 3300 research articles have been created on this area, this demonstrates that study on employees' motivation is significant to organizations as long as they want to continue to be competitive and survive. The focal reason for the great interest in this field is the perception that work satisfaction influences employee productivity, absenteeism, turnover rate, and hence organization performance. Conforming to (Richard, 2006) the writer argued that organizations design and implement rewards packages to attract and retain employees. He also reveals that one of the great difficulty confronted by the organizations is to anticipate the behavior of their individual employee.

II. LITERATURE REVIEW

In order to understand recognition and appreciation and their psychological outcome on employee job satisfaction and performance. Systematic reviews of previous related past studies on intrinsic employees' motivational factors will be the guide to this present study in terms of constructing ideas and acquiring an overview and some level of conclusion on the issues related to IT employees' job satisfaction that may lead to increase job performance among IT employees in Melaka – Malaysia.

III. RECOGNITIONAND APPRECIATION

When it comes to employers and employees having innate satisfaction, recognition and appreciationare twoimportant tool for managers, businesses, Industrial counsellors and HR professionals in promoting worker motivation and organizational success. Study done by (Mussie et al; 2013; Allen and Helms, 2002) revealed that it is very important for employers to research regularly on expressing an appreciation to encouraged behavior of employees to reach strategic goals. Studies inMalaysia, Canada, Finland and North America confirmed that IT companies globally have been perceived as a high rate of employee turnover (Nurul et al, 2014; Tham et al., 2008; Westlund& Hannon, 2008). Based on the exploration among Canadian employees, the study revealed what Canadian employees are looking for in a job, though getting good pay, job security and benefits are an important area of the package deal, but are not along with the set of what these employees were expecting. In order word, the study substantiated that the Canadian personnel create a higher worthy of on being treated with respect, doing interesting work, a feeling of fulfillment and good communication among co-workers (Sia, 2012; Finders & Keepers - Recruiting and Retention Strategies, 2003).

Recognition shows confidence in workforces', and confident workforces are more gainful. Thus, it is critical to tell your workforces you have trust in their abilities and skills and share with others the extent you esteem your workers. Affirmingto (Paul, 2016) it was stressed that when employees' feel appreciated and esteemed for their commitments in the work environment, great results take after, including expanded worker commitment, less staff turnover, higher customer loyalty appraisals and the organization develops in its feeling of motivation. It was further revealed about the augmented interest on employee recognition programs in the working environment, to the point where more than 80 percent of organizations have some type of worker recognition, but at the same time work satisfaction has declined (Gallup, 2014; Globoforce, 2011; cited in Paul, 2016). Conversely, employee engagement remains low with just 30 percent of the workforce being effectively engaged. However, the study encouraged on the need to viably help workers feel genuinely esteemed and increased in value by their particular organization.

IV. PSYCHOLOGICAL EFFECTS OF RECOGNITION AND APPRECIATION

As discussed by Ajang, (2010); Linder, (1998); Kreitner,(1995); Buford, Bedeian and Linder, (1995); Higgins, (1994;) these authors referred motivation to as "the psychological method that offers behavior purpose and direction, a predisposition to behave during a purposive manner to attain specific unmet desires, associate degree unhappy would like, and therefore the can to attain, severally. Other previous studies illuminate that when scientific discipline such as psychology originated as a profession, it had three goals: to spot genius, to heal the sick, and to assist people live better, happier lives (Maheshwari, 2012; Seligman & Csikzentmihalyi, 2000; Seligman, 1998). Psychological motivations which might also be termed as Intrinsic motivation like workers having the chance to utilize their ability, having a way of challenge and accomplishment, receiving appreciation, positive recognition, and being treated during a caring and diplomatic manner (Akanbi, 2011). However, it wasaffirmed that this type of worker who is intrinsically motivated, as pictured by Akanbi, (2011) are committed to his work to the extent to that the work inherently contains tasks that rewarding to him or her. This author also suggested that for anemployee to be motivated in a worksituation, there must be a need, which

the individual would have to perceive possibility to understand a clear stage of satisfying through some reward. If the reward is intrinsic to the work, such need or motivation is intrinsic.

V. THE RELATIONSHIP BETWEEN APPRECIATION, RECOGNITION AND PERFORMANCE

A distinct difference between appreciation and recognition was made by Chapman and White,(2011). It was explicitly explained that appreciation can be given or done intentionally, for example, you give appreciation when you appreciate someone for whom they are, and so you can intentionally recognize a person's efforts when the situation calls for it. Psychological or intangible rewards (intrinsic) like recognition and appreciation plays a very important role in motivating staff and raising their performance. As opined by Fagley and Adler, (2012), "appreciation is genuinelyattached to spirituality through a method of mutual relation, and each seem to be key influences in psychological and physical well-being and effective performance within the worksetting, with every employee producing a definite impact and input". Tanner (2009), articulated that appreciation is basic, everyhumanneed appreciation, everyhumancraves for it, every humanrespond to it. Thus, that makes appreciation basic and significant to the success of any organizations.

Consequently, to empower anorganization, the people in the organization needs to be empowered too. To empower individuals, leaders ought to demonstrate appreciation in ways in which it will maximize the impact for every individual in the organization(Chapman and Paul, 2011). For recognition and appreciation to be effective, they need to be personal and delivered in person (McClelland, 1989; Frodi et al., 1985). Thus, the employee with an honest performance can predict that their vital contributions are going to be completed and valued by the organization management (Bowen, 2000). Consecutively, recognition and appreciation includes a strong-willed and positive influence on worker performance.

VI. INTRINSIC REWARD

Rafique et al., (2014) states that characteristically organizations focus a lot of on extrinsic rewards however intrinsic rewards were conjointly important in worker motivation. Appreciation and recognition are intrinsic rewards that encourage workers and improve their performance. As presented by (Andrew, 2004) employee's commitment depends on the rewards and recognition. According to (Robinand Robert, 2014)their study on "Intrinsic Motivations of Public Sector Employees: Evidence for Germany". The study found that performance of workers within the public sector depends way more on intrinsic motivations rather than of extrinsic. Anne, (2014), affirmatively revealed that intrinsically motivatedemployeesare more valuable to any organizations, since motivation results in performance. Thus, intrinsic motivation is part of the motivation-concept, and refers to performing a task for itself, in order to experience job satisfaction.

VII. MULTI GENERATION

The organization today is very unique because of its workforces' diversity. As stated by Tay, (2011) he highlighted on the expectations of work attitudes and behaviors of characters from each generational group may be influenced by their significant life events, culture, and even their five senses. Ignoring these generational differences in the workplace could undoubtedly lead to less productive and competitive activities if the diverse expectations and perceptions of their employees and managers are not acknowledged and managed (Hai, 2013). It was further express that the way different employees perceive their places of work significantly impacts on their loyalty to their companies. Assenting to (Smith, 2010), there is always different of views, values, attitudes, motivations and life experiences among the 20s, 40s and 60s workers in anorganization. Study by (CHAN, 2014; Annastiina, 2012), on managing multigenerational workforce revealed that there are coexisting more generations than ever before at the workplace, and this has room to an inevitable multigenerational clashes. One key fact to note is that managing people with different personal, educational and professional backgrounds is rather difficult. Each generation has different values, working styles, expectations and attitudes. Therefore, it is fundamental for managers to pay attention to generational metamorphoses. As a result, they might get a functional, more interactive work community with a supportive atmosphere and a flat organizational structure (McCrindle and Wolfinger 2009; Whitacre 2007). However, the employers need to acknowledge not only the problems and pressures of mixed generations but also to see the opportunities, which come with the diversified workforce.

VIII. DISCUSSION

A systematic review of the literature was conducted utilizing keywords such as "recognition, "appreciation", "information technology", "job satisfaction", "job performance" "psychological affect", "intrinsic motivation" and "employee engagement". Databases utilized included Google Scholar, Digital Dissertations, and ProQuest Direct. The search lead to in various refereed articles, books, and on-line resources. As sources were reviewed, additional citations were found and explored. The paper through different search

engine as it methodology has systematically review the psychological effects of recognition and appreciation on employees' job satisfaction and job performance.

IX. CONCLUSION

The present study intends to explore and examine employees' perception on recognition and appreciation and also to establish the best approaches preferred by the employees working in TM Melaka - Malaysian organizations. This study expected to that the present study results can provide guidelines in developing an appropriate reward and recognition system for information technology organizations in general and literatures for future researchers most especially on employee's intrinsic motivational factors.

X. ACKNOWLEDGMENT

The authors would like to express sincere appreciation to C-TED and Sicomm Group and UniversitiTeknikal Malaysia Melaka (UTeM - Zamalah Scheme) for their financial support.

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Appendix 1

Study	Purpose	Sector/Location	Factors/Sampl e Size	Relevant Findings
"Employee Retention: A Review of Literature, IOSR Journal of Business and Management Volume 14, Issue 2 (Nov Dec. 2013), PP 08-16. BidishaLahkar Das, Dr. MukuleshBaruah (2013)".	Analysis of variousexisti ng literature and research work on employee retention and the factors affecting employee retention and job satisfaction among the employees	Organization/India	Employee Retention, Job Satisfaction, Employee Turnover	HR professionals should incorporate these factors: compensation practices, leadership and supervision, career planning and development, alternative work schedule, working conditions, flexible working hours in their retention program.
"A Survey of Factors Influencing Employee Engagement. SiaJoo Yee (2012)".	To find out the factors that actually drive employees to perform their best.	Manufacturing/Malay sia	Involvement and Participation, Internal Communicatio n, Recognitions and Rewards, Work-Life Balance, Employee Engagement	When an organization or a supervisor rewards or recognizes an employee or team, they are connecting in a powerful way on activities and accomplishments the organization values.
"Relationship Between Job Satisfaction and Turnover Intention: An Empirical Study on the IT Firms in Palestine, Interdisciplinary Journal of Research in Business Vol. 2, Issue. 8, (pp.67-83). Abdullah Murrar & Afif Hamad (2013)".	To further explore on relationship between job satisfaction and turnover intention	IT Firms/Palestine	Turnover Intention, Job Satisfaction, Palestinian IT Firms, Palestinian IT Employees. (150)	The findings show job security, work conditions, pay and benefits, work nature, coworkers, career advancement, supervision and management were all significantly correlated with overall job satisfaction. Only job

Literature Summary Table

"Rewards and Recognition: Make a difference to the talent in your organization. AniruddhaLimaye &Ral si Sharma Great Place to Work White Paper Report".	Sharing our understandin g of effective and innovative rewards & recognition practices	Organization/India	Rewards and Recognition	security, pay, and coworkers were able to substantiallyeffect turnover intention. Effective rewards and recognition practices need to imitateanorganizatio n's culture (basic values & beliefs) and combine well with the nature of its business, strategy and goals.
"The Effects of Employee Recognition, Pay, and Benefits on Job Satisfaction: Cross Country Evidence, Journal of Business and Economics, Volume 4, No. 1, pp. 1- 12. Mussie T. Tessema1, Kathryn J. Ready, Abel B. Embaye (2013)".	assess the relative impact of recognition, pay, and benefits on job satisfaction on job satisfaction	University/USA	HR practices; employee recognition; pay; benefits; job satisfaction; culture; Vietnam; Malaysia; USA (USA – 457; Vietnam – 391; Malaysia - 347)	Participants across all three countries are not only satisfied at work and motivated by monetary rewards such as pay and benefits packages, but are also motivated by nonmonetary rewards such as recognition, is apart often overlooked by superiors
"Determining Retention Factors Influencing Executives to Remain in Malaysian Organization Journal of Applied Sciences Research, 9(9): 5502- 5511, Dr NorzaidiMohdDaud, 2Anis Mohd Abdul Nassir, 3Fai'za Nurul 'AshikinIzany, Dr Intan Salwani Mohamed (2013)".	To determine retention factors influencing executives to remain in Malaysian organization.	Service Industry/Malaysia	Retention factors, young executive, service industry, Malaysia (471)	It is imperative for the organization to embrace a stable workforce in order to build a significant competitive advantage against the competitors.
"Appreciation at Work training and the Motivating by Appreciation Inventory: development and validity", Strategic HR Review, Vol. 15 Iss 1 pp. 20 - 24. Paul White, (2016)".	This paper aims to present the process, progress and validity of the Motivating By Appreciation Inventory and the Appreciation at Work training.	Organization/USA	Employee engagement, Appreciation, Languages of appreciation, Recognition, Employee recognition	When individuals feel appreciated and valued for their influences in the workplace, good results follow, including increased employee engagement, less staff turnover, higher customer satisfaction ratings and the organization grows in its sense of purpose

"Rewarding and Recognizing Employees: How IT Professionals in Sweden and in Finland are Motivated and Prefer to be Rewarded. Nghi Tran &Yecenia Rivera Ortiz (2007)".	To investigate through an empirical and a theoretical study how IT professionals in Sweden and in Finland are motivated and how they prefer to be rewarded and recognized.	IT/Sweden & Finland	Information technology, motivation, rewards and recognition (284).	Management in the IT-industries to dedicate more time and interest to their employee's individual needs and to improve motivation, recognition and rewards systems.
"Impact of Motivation on Employee Turnover in Banking Sector of Pakistan Journal of Business Studies Quarterly 2013, Volume 5, Number 1, Asif Sajjad, Hassan Ghazanfar, Dr. M Ramzan (2013)".	Investigated the impact of motivation on employee turnover in Telecom sector of Pakistan	Banking/Pakistan	Motivation, Turnover	Increase in motivation would reduce the value of employee turnover in banking sector.
"Exploring the job satisfaction and organizational commitment of employees in the information technology environment, Southern African Business Review Volume 15 Number 1. E.J. Lumley, M. Coetzee, R. Tladinyane& N. Ferreira Department of Industrial and Organizational Psychology (2011)".	To explore the relationship between employees' job satisfaction and organization al commitment	IT/South Africa	job satisfaction, organizational commitment, affective commitment, normative commitment, continuance commitment. (86).	The results suggest that in order to create a working environment that encourages people to stay with their respective organization'smanag ers need to review existing pay practices so as to offer fair pay, provide challenging and meaningful work tasks, and foster positive co-worker relationships.
"Employee Fairness Perceptions ofa Performance Management System, Master Thesis in Industrial andOrganizational Psychology, University of South Africa. ManokoMagdelineMatl ala (2011)".	This study deals with the employee fairness perceptions of their performance management system in a South African organization.	Organization/South Africa	Performance; Performance management; Organizationa l justice; Distributive justice; Procedural justice; Interactional justice; Employee perceptions;	The overall findings show that there are negative fairness perceptions of the performance management system as assessed according to the three organizational justice factors of procedural, distributive and interactional

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"Examining the Mediating Effect of Employee Engagement on the Relationship between Talent Management Practices and Employee Retention in the Information and Technology (IT) Organizations in Malaysia Journal of Human Resources Management and Labor Studies June 2014, Vol. 2, No. 2, pp. 227-242. NurulEzaili Alias1, NorzanahMohd Noor2 and Roshidi Hassan (2014)".	seeks to determine the relationships between talent management practices (managerial support, employee career development and rewards and recognitions) , employee engagement and employee retention within IT organization s in Malaysia.	IT/Malaysia	Fairness. (20) Talent Management Practices, Employee Engagement, Employee Retention, IT organizations, Turnover (581).	justice. talent management practices (managerial support, employee career development and rewards and recognitions) have positive correlation with employee engagement.
"Relationship Between Intrinsic Rewards and Job Satisfaction: A Comparative Study of Public and Private Organization, International Journal of Research in Commerce, IT & Management Volume No. 2 Issue No. 6 (June). Tausif M. (2012)". "The Impact of Reward and Recognition Programs On Employee's Motivation and Satisfaction: An Empirical Study International Review of Business Research Papers Vol. 5 No. 4 June 2009 Pp.270-279, Reena Ali1 and M. Shakil Ahmed (2009)".	explore the relationship between intrinsic rewards and job satisfaction for employees of service sector. The impact of reward and recognition programs on employee's motivation and satisfaction	Service Sector/Pakistan Manufacturing	Job satisfaction, Intrinsic Rewards, Banking sector, Recognition, Task Autonomy. (384). HRM, Motivation, Satisfaction (80).	suggest the intrinsic rewards such as task autonomy, task significance, task involvement, Opportunities to learn new things and recognition are important antecedence to job satisfaction for the employees of service sector organizations. The study revealed that if rewards or recognition offered to employees were to be altered, then there would be a corresponding change in work motivation and satisfaction.