# Impact of Shea Butter Effluent on Biochemical and Heamatological Profiles of Clarias Gariepinus

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**Abstract:** The toxicity of shea Butter effluent (SBE) was investigated with emphasis on hematological, and biochemical profiles of Clarias gariepinus. adults of  $280g_{-}^{+}0.3$ . The haematological indices revealed that increased in the concentration of the effluent brings about a corresponding decrease in the PVC, RBC, and Hemoglobin of the test organism. In the other way round, the volume of white Blood cell decreased at concentration of 0.003, 0.005, 0.007, and 0.009 but increased sharply at 0.011ppt concentration. In the same vein, the shea butter effluents causes a decline in the biochemical composition of Clariasgariepnusvis-à-vis Albumin, protein, cholesterol, Glucose and Urea when compared to the control treatment. Therefore, Shea butter effluent is highly toxic to freshwater fishes, its discharged directly into water bodies, new fish farms or in areas close to aquatic environment should not be encouraged.

Keyword: Shea butter, Effluent, Clarias gariepinus, heamatological, biochemical

# I. Introduction

Fish constitutes a very important component of diet for many people and often provides much needed nutrients not provided elsewhere in animal based diets. Fish is the oldest group of vertebrate and the most numerous with estimates of about 20,000 species. They are of immense importance as a protein source, item of commerce, employment and recreation for humans, as well as, the production of animal feed (FAO, 2000, Adewoye *et al.*, 2005).

About one billion people worldwide rely on fish as their main source of protein as it contains sufficient amounts of all essential amino acids required by the body for growth and maintenance of lean muscle tissue (FRDC, 2001). Over 25,000 metric tones of fish are caught regularly but greater percentages are used for direct human consumption (FAO, 2000).

Fisheries play a major role in the agricultural sector of Nigerian economy, as it is a venture aimed at meeting animal protein of man and to have foreign exchange. Fishes are grown for commercial purpose to meet the dire need of animal protein of man and to earn foreign exchange (Fagadeet al., 1993). Ayeni (1993) reported that Nigeria with about 13 million hectares of freshwater bodies has the potentials of developing fish production as high as 511,702mt per year, this he observed was because the natural population of fish is being threatened as a result of over exploitation and pollution of various kinds. Hence the potentials for developing fish aquaculture in order to feed the populace and to earn foreign exchange for Nigeria is still very low (Fagade et al., 1993). Pollution of the aquatic environment with various chemicals is related to nutritional, reproductive, and behavioral problems that have been occurring in organisms, especially fish, living within the polluted are. Consequence, this pollution can create significant problems at either the individual or the population level, and lead to a decrease in the population, resulting in unexpected threats to wildlife and to the human consumers of these organisms. By this decade, biomarker studies, used in the evaluation of environmental health as an indicator of toxic effects of environmental pollutants, have become very important and essential. Changes in biochemical level are the "early warning" responses of an organism to environmental alterations and are critically important. Identification of molecular biomarkers associated with the early prediction, diagnosis and monitoring of major physiological alterations and diseases of fish caused by pollution, may contribute towards in situ conservation of fish populations. As a consequence, biomarkers can be taken as short-term indications of biological effects that will be seen in either the long or short term (Balochet al., 2001). This study was carried out to investigate the effects of shea butter effluent on heamatological and biochemical profiles of C. gariepinus.

# II. Methodology

This experiment was carried out at the fish laboratory of the Department of Pure and Applied Biology of LadokeAkintola University of Technology, Ogbomoso.

## **Collection of Effluents**

The effluents used for the toxicity test were collected from the local factory of shea butter in Te De, the headquarters of ATISBO Local Government in Oke-Ogun area of Oyo state (Plate1) on every three days. This site was chosen based on the fact that these effluents flow into a popular Dam used by two indigenous communities with a population of about one hundred and twenty thousand for domestic purposes.



PLATE 1: Showing some Women fetching the polluted water around the factory for domestic use.



PLATE 2: Showing the impact of the shea butter effluent on the surrounding water body.



PLATE 3: Movement of shea butter effluent through a sugar cane farm plot



PLATE 4: Showing the effects of shea butter effluent on the surrounding plants



**PLATE 5: Polluted water body beside the local factory** 

# III. Source, Collection And Maintenance Of Test Organism

Post-juveniles of *C.gariepinus* used in this study were procured from Oyo State Ministry of Agriculture, Fishery Division, Ogbomoso. They were transported in a ventilated and aerated plastic container covered with mesh net to prevent being jumped out. The test organisms were transported to the fish laboratory of Department of Pure and Applied Biology of LadokeAkintola University of Technology, Ogbomoso, Oyo State.

## Acclimatization of Fish

The test organisms were held in 30cmx30cmx60cm plastic container containing non-chlorinated borehole water. The borehole water was dechlorinated prior exposure to fresh air for at least three days before usage. The organisms were fed once a day during acclimatization with pelleted vital fish feed to avoid the inherited problem that could result from starvation. This lasted for fourteen days (14 days). Feeding discontinued twenty four hours prior to the commencement of the experiments.

Five concentrations were used based in the result obtained in range finding test. The concentrations used were prepared arithmetically viz; 0.05, 0.06, 0.07, 0.08 and 0.09. Twenty four hour starved fish were exposed to each of the concentrations of for 96 hrs.

The behaviour and general conditions of the fish were observed before, during and after the experiment. The fish were examined of mortality and considered dead when there was no response or gentle prodding. Number of dead fish were recorded and removed immediately from test medium to avoid fouling. The 96-hrsLC<sub>50</sub> was determined graphically using origin eight statistical package. The fish were kept in the refrigerator prior to heavy metal analysis.

## Sub lethal Tests

Fish utilized for the sub lethal tests were subjected to similar experimental conditions but fed once daily in weighing 5% of their body weight and monitored for 2weeks.). after the expiration of the experiment the blood was collected by cardiac puncturing and used for heamatological and biochemical analysis..

## Haematological Analysis

This was carried out at the Laboratory unit of the University Health Centre, LAUTECH, Ogbomoso according to routine clinical methods.

#### Packed cell volume (microhaematocrit)

Immediately after blood collection, one capillary tube of blood from each fish was centrifuge in a microhaematocrit (MK.S centrifuge) produced by Hawkesley and Sons Ltd, England. The centrifugation was done at 1200 RPM for 5 minutes at room temperature. After centrifugation the HCT were determined from the tube directly. The values obtained was recorded as percentage (%)

#### Haemoglobin concentration

About 0.02ml of the total volume of blood collected was pipette and placed into 4ml of Drab kin's reagent (potassium fernicyanide, 20mg; potassium cyanide, 50mg and 1 litre of distilled water). The solution were mixed up gently by inversion and allowed to stand for 10 minutes. Then the mixture was read on photometer at a wavelength of 540nm against working reagent as the blank and this reading were converted to haemoglobin concentration in grams per 100ml, by reference to a graph constructed using commercially available cyanomethaemoglobin standard (Larsson et al., 1948).

#### Red blood cell and white blood counts

Blood was drawn directly into the RBC and WBC pipette and diluted with dacie's fluid (99 mc of 33% aqueous solution of sodium citrate and 1ml of 40% formalin). (Decie and Lewis, 1968; Allen, 1973). The diluted solution was introduced into a standard haemocytometer (An improved Nebular counting chamber) and counted in five squares as described by Blaxhall and Daisley (1973) and Allen, (1993). Then, each intermediate square was further divided into 16 small squares. The total RBC counted was multiplied by 100,000 which is the multiplying factor for red blood cells.

#### **Biochemical Analysis**

Blood was collected from the heart of the fish through cardiac puncturing with a needle and syringe, spin in a centrifuge at 5000 rpm and biochemical indices like Total protein, Albumin and Glucose level, sodium, chloride, bicarbonate and calcium contents were analysed.

#### **Total protein**

Total protein = <u>Absorbance of test</u> x concentration of standard (4.5g)

Absorbance of standard

#### Albumin

Albumin =  $\frac{Absorbance \ of \ test}{Absorbance \ of \ standard}$  x concentration of standard

#### Glucose

Glucose = Absorbance of test x concentration of standard

Absorbance of standard

## IV. Results And Discussion

Tables 1, 2 and figure 1 show the mean values of the biochemical and hematological indices recorded from exposing of *C. gariepinus* to sublethal concentrations of Shea Butter effluents for 2 weeks. Differences were measured against the control values determined under controlled laboratory conditions.

Table 1:Effects of shea butter effluent on heamatological parameters									
Concentration(ppt)	PCV(%)	RBC(x10 <sup>6</sup> mm <sup>3</sup> )	$WBC(x10^3 mm^3)$	Hb(g/dl)					
0.00	47.5±0.7 <sup>a</sup>	3.8±0.0 <sup>a</sup>	207±1.4ª	14.45±0.07 <sup>a</sup>					
0.003	<b>47.5</b> ±0.7 <sup>a</sup>	2.21±0.07 <sup>b</sup>	118.5±0.7 <sup>b</sup>	$13.5 \pm 0.00^{a}$					
0.005	42.5±0.7 <sup>b</sup>	$2.21 \pm 0.01^{b}$	<b>118.5</b> ±0.7 <sup>b</sup>	$13.5 \pm 0.00^{a}$					
0.007	<b>40.5</b> ±0.7 <sup>b</sup>	<b>1.99</b> ±0.07 <sup>ab</sup>	<b>128</b> ±0.0 <sup>c</sup>	$13\pm0.00^{a}$					
0.009	<b>33.5</b> ±0. <sup>7ab</sup>	<b>1.82</b> ±0.03 <sup>c</sup>	<b>163</b> ±0.14 <sup>ab</sup>	$10\pm0.00^{b}$					
0.011	$32.5\pm0.7^{ab}$	1.32±0.03 <sup>d</sup>	$226\pm0.7^{d}$	<b>9.5</b> ±0.07 <sup>b</sup>					

# Table 2. Effects of shea butter effluent on biochemical indices

Tuble 2. Effects of shea batter efficient on bioenemical marces									
	Concentration(ppt)	Albumin	Protein	Cholesterol	Glucose	Urea			
I	0.00	$2.3 \pm 0.00^{a}$	$4.2 \pm 0.00^{a}$	130.5±0.7 <sup>a</sup>	$80.5 \pm 0.7^{a}$	$11\pm0.00^{a}$			
	0.003	$2.3\pm0.00^{a}$	$4.2\pm0.00^{a}$	130.5±0.7 <sup>a</sup>	$80.5 \pm 0.7^{b}$	$11\pm0.00^{a}$			
	0.005	$2.3\pm0.00^{a}$	<b>4.05</b> ±0.07 <sup>a</sup>	<b>130</b> ±0.0 <sup>a</sup>	<b>77.5</b> ±0.7 <sup>b</sup>	$11.5\pm0.07^{a}$			
	0.007	$2.35 \pm 0.07^{a}$	<b>3.85</b> ±0.07 <sup>b</sup>	128.5±0.7 <sup>a</sup>	$73\pm0.0^{b}$	$10\pm0.00^{a}$			
	0.009	$2.05 \pm 0.07^{b}$	$3.2\pm0.00^{b}$	$125\pm0.0^{b}$	$65.5 \pm 0.7^{b}$	$10.5 \pm 0.07^{a}$			
	0.011	$1.85 \pm 0.07^{ab}$	$2.85 \pm 0.07^{ab}$	$119.5 \pm 0.7^{ab}$	<b>56.5</b> ±0.7 <sup>ab</sup>	$9\pm0.00^{b}$			



Fig.1: Differential count of the blood parameters

#### V. Discussion

Hematological studies have proven note wothy for fisheries biologists in assessing the health of fish.

Evidently, blood is the most important body fluid and its composition usually reflects the physiological condition of the body, so it provides an ideal tool for toxicological stress studies (Lee, 1996). Blood parameters in fish have been studied to elucidate physiological adaptation and to assess the health status of fishes (Canfield *et al.*, 1994). Possibility of using heamatocrit(PCV) and Haemoglobin (Hb) as tools for checking anaemic condition in fishery management and aquaculture has been extensively studied.

The use of White blood cells (WBC) has also been reported to be a useful indicator of diseased condition or extent of infection as elevated values are obtained in abnormal condition (Etim*et al.*, 1999). Haematological parameters such as erythrocyte count, haemoglobin concentration, haematocrit value vary in fish in response to different toxicants. The striking alterations in the blood parameters and associated

pathological changes in fishes under the influence of various toxic agents have been reported byKumar *etal.*, (1999) and Nair (2000) amongst others .

For instance, Omoregie*et al.* (1990) documented a significant decline in red blood cell count and haematocrit levels of *O. niloticus*exposed to sublethal concentrations of gammalin 20 and Actellic 25 EX, there was however an increase in the count of glucose with increase in exposure time. Vanvuren*etal.*, (1994) documented a significant decrease in RBC, PCV, WBC and Glucose levels of *C. gariepinus* exposed to copper.

The decrease in haematological profiles of *C. gariepinus* exposed to shea butter effluent is an indication of diseased condition. Especially, the decrease in the quantity and quality of erythrocytes i.e PCV and heamoglobin concentration is an indication of anaemia. Also, the decline in the Red Blood Cell value reflect the health deteriorating condition of the fish.

Similarly, the striking alterations in the blood parameters and associated pathological changes in fishes under the influence of various toxic agents have been reported by Kumar *et al.*, (1999) and Nair (2000).

#### VI. Conclusion And Recommendation

Investigations into the effects of Shea butter effluent revealed that it is toxic to aquatic organisms and causes reduction in the haematological and biochemical indices of *C. gariepinus*. It is therefore obvious in this study that shea butter effluent is highly toxic to the test organism as revealed by its impact on the heamatological and biochemical indices of the test organism. Indiscriminate discharge of this effluent should be seriously campaign against.

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