

Development and Physico-chemical analysis of digestive pills from *Makoi (Solanum nigrum)*.

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Abstract: *Solanum nigrum* belongs to family Solanaceae. Blacknightshade & Makoi are the common name for it. The chemical constituents commonly found in *Solanum nigrum* are glycoalkaloids, glycoproteins, polysaccharides, polyphenolic compounds such as gallic acid, catechin, protocatechuic acid, caffeic acid, epicatechin, rutin etc. *Solanum nigrum* has very much importance as a medicinal plant. Root, whole plant and leaves are used but fruits of black colour are not used as they possess toxicity, therefore they are not used for medicinal purposes. Reddish- brown coloured fruits are used for edible purpose. It has been also extensively used in traditional medicine In India and other parts of world to cure liver disorders, digestion, chronic skin ailments, inflammatory conditions, painful periods, fevers, diarrhoea, eye disease, hydrophobia etc. Extracts prepared with using spices condiments exhibited stomach disorders and also improved digestion activity as compared to other digestive pills.

Keywords: *Solanum nigrum*, medicinal, liver disorders, digestion, condiments, digestive pills.

I. Introduction

India is the largest producer of medicinal plants and brightly called as the “Botanical garden of the world”. Plant derived drugs even today remain important resource especially in developing countries to combat serious diseases. Approximately 62-80% of world’s population still relies on traditional medicines for the treatment of common illness (WHO 2002, Zhang 2004).

S. nigrum is an important ingredient in traditional Indian medicines. Infusions are used in dysentery, stomach complaints, and fever. In India, the berries are casually grown and eaten, but not cultivated for commercial use. The quest to manufacture foods for healthy benefits is an underpinning goal of the modern food industry. Food processing has evolved to carryout steps for the controlled destruction of natural food structures. These steps facilitate separation of valuable components from the original matrix in which they are embedded. The separated ingredients are then converted into recognizable processed foods with desirable’s textural & sensorial properties by application of one or more processing steps (Aguilera & Stanley 1999). Recent evidence indicates that how the food structure breaks down during gastric digestion significantly affects the rate of uptake of nutrients in the gastrointestinal (GI) tract (Armand *et al.* 1999, Jarvi *et al.* 1995).

The digestion process has been well studied in terms of secretion of gastric fluids, enzymatic breakdown of fats, proteins and carbohydrates, and molecular and ionic transport across the intestinal epithelium. However, there remains a notable lack of understanding about the food disintegration kinetics and the extraction of small molecules from complex food structures in the gastric environment. The rate of food disintegration in stomach is a key factor influencing emptying rate and subsequently affecting absorption of nutrients in the intestine. Faster disintegration and emptying of drug tablets is responsible for the faster absorption of drug ingredients in the intestine (Kelly and *et al.* 2003).

The stomach contraction, particularly terminal antral contraction, imposes a considerable mechanical destructive force on food particulates and thus is crucial on the disintegration of solids. Researchers have measured contraction forces present in the stomach ranging from 0.2 N to 2 N (Vassallo and *et al.* 1992, Camillieri and Prather 1994, Kamba and *et al.* 2000, 2001).

Findings from this research will provide an improved understanding of the interaction of the food matrix and active ingredients during gastric digestion. The computational modeling of the human stomach will predict the kinetics of disintegration of a food matrix under known physiological conditions of the stomach. These findings should provide new information for the food processing industry to develop structured foods for healthful benefits and develop strategies for controlled release of food nutrients at desired sites in the GI tract. The anticipated information will enhance understanding of the stomach emptying of foods to develop approaches to control it. Control of gastric emptying is essential for ensuring optimal digestion. The rate of food disintegration in the stomach appears to be a key factor influencing emptying rate and subsequently affecting absorption of nutrients in the intestine. The potential for modulation of the rate of gastric emptying to control obesity and diabetic patients is now being explored vigorously by the pharmaceutical industry (Rayner and *et al.* 2001). Study of gastric disintegration of foods should also help our understanding of the interactions between

food and drugs during digestion. The disintegration activity of a drug is substantially affected by the presence of food components. Thus the understanding of food disintegration should help improve the control of pill dissolution in stomach.

Kakamachi (*Solanum nigrum*) is widely described in the Ayurvedic classics & also have references in Vedas. This herb has its own ortho-medical importance since it plays a significant role in the treatment of various diseases. It is having both curative & nutritive value. It is used as single drug & in compound formulations. In this research, we use different ingredients along with *Solanum nigrum* to increase their pharmacological properties, therapeutic or dietarg utility indigestion. Hence the project is carried out under the above objectives.

II. Materials and Methods

This chapter deals with the description of various materials and methods which was used to accomplish the experimental work done to attain the desired objectives of the work entitled, **Development and Physico-chemical analysis of digestive pills from Makoi (*Solanum nigrum*)**. The experimental technique, materials which was used in this study and the associated methodology for product development and their Physico-chemical analysis was elaborated in this chapter. The experimental plan was shown in the table below with different variables, levels and description.

Table 2.1 Experimental Plan

Sr. No.	Variables/ Parameters	Levels	Description
1	Product	1	Digestive Pills
2	Ingredients	8	<i>Makoi (Solanum nigrum)</i> , <i>Hing</i> , Pepper longum & Tailed pepper, <i>Ajwain</i> , <i>Jeera</i> , Black Salt, <i>Imli</i> Paste and Artificial sweetner.
3	Treatment	1×5	T ₀ , T ₁ , T ₂ , T ₃ , T ₄ .
4	Replication	3	R ₁ , R ₂ , R ₃ .
5	Physico-chemical Analysis	7	Moisture, Protein, Fat, Total Ash, Crude fibre, Carbohydrate and Calories.

Table 2.2 Experimental Design

Treatments □ Ingredients □	T ₀	T ₁	T ₂	T ₃	T ₄
<i>Makoi</i>	12%	20%	24%	25%	26%
<i>Pepper longum & Tailed pepper</i>	5%	4%	3%	3%	3%
<i>Hing</i>	1%	1%	1%	1%	1%
Artificial sweetner	12%	12%	14%	15%	15%
<i>Ajwain</i>	20%	8%	8%	8%	7%
<i>Jeera</i>	15%	10%	10%	8%	8%
Black Salt	10%	15%	15%	15%	15%
<i>Imli</i> Paste	25%	25%	25%	25%	25%

From the above formula, the development of product from different treatments were done and in these treatments the treatment T₁ was widely accepted by the judgers and the further experiments were carried-out by using this formula. According to the judger's confirmation for treatment T₁, the alteration in moisture were calculated and by this alteration the total effect on the Physico-chemical properties of the developed product was estimated (as R₁, R₂ and R₃) and the mean value of the data for the product was selected which were given as follows. All the Physico-chemical values were calculated as per 100g of the developed product.

Table 2.3 Experimental Design for Developed Product

Replication □ Physico-chemical properties □	R ₁	R ₂	R ₃	Mean Value
Moisture	22.43%	16.23%	15.02%	17.89%
Protein	0.82%	0.85%	0.86%	0.84%
Fat	1.95%	1.97%	1.98%	1.97%
Total Ash	2.4%	2.6%	2.8%	2.6%
Crude Fibre	1.62%	1.60%	1.59%	1.60%
Carbohydrate	72.4%	78.35%	79.34%	76.7%
Calories	310.43Kcal	334.53Kcal	338.62Kcal	327.89Kcal

2.1 Methods

2.1.1 Experimental procedure

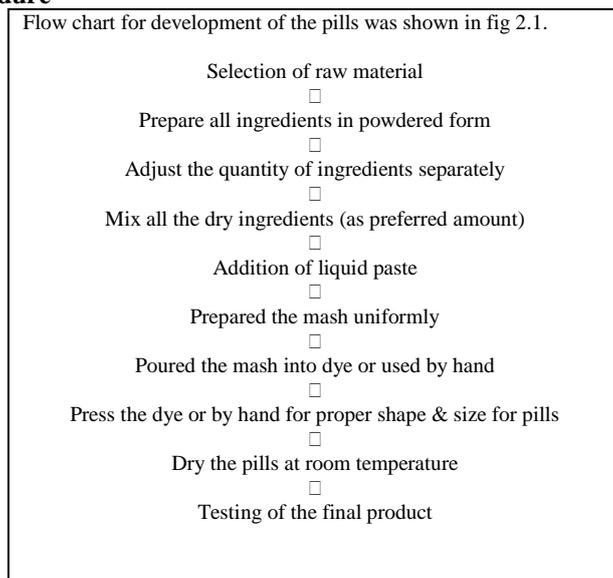


Fig 2.1 Flow chart for development of the digestive pills.

All the ingredients were used in the development of digestive pills were purchased in bulk from local market at Allahabad and care was taken from duplicity. After that they were prepared in powdered form before mixing and then weighed in the suitable amount as required during preparation. Then after the dry ingredients were mixed uniformly for the development of digestive pills. After that addition of liquid paste of *Imli* was added to dry ingredients which provided good consistency and texture to the digestive pills. After addition of liquid paste into the dry ingredients, the whole mass was mashed uniformly and by the help of dye or by hand, suitable shape was done to it and then after development, the pills were checked thoroughly for their uniformity and estimated their Physico-chemical analysis in the laboratory.

III. Result and Discussion

This chapter deals with the findings of the study and effect of developed pills with different spices condiments, on the parameters such as Physico-chemical evaluation were studied.

3.1 Development of digestive pills

The product development was done by the panel of judges with the help of nine point hedonic scale. At first, the different treatments were done with the help of ingredients from experimental design table no. 3.2 and product was developed. The treatments were named as T_0 , T_1 , T_2 , T_3 , T_4 . In these developed products, the treatment T_1 was good according to the judges so we selected the treatment T_1 for further replication i.e. R_1 , R_2 and R_3 , and adjusted the moisture % by treating the sample in hot air oven (i.e. for R_2 the temperature and time combination was 55°C for 5 minutes and for R_3 , it was 60°C for 5 minutes) and the mean moisture % value of the developed digestive pills was selected. During the development of product, the Physico-chemical properties were also changed in alteration in moisture. These were summarized in the following section. The ratio was taken for the development of digestive pills was mentioned above in the table and also their Physico-chemical evaluation was shown as follows with their suitable graph.

3.2 Physico-chemical properties of developed digestive pills

The effects on Physico-chemical properties of developed digestive pills were presented below in table. It was found that, all the Physico-chemical properties of the digestive pills were not affected in controlled moisture at ambient temperature.

Table 3.1 Effect of Physico-chemical properties on developed digestive pills.

Physico-chemical properties □ Parameter □	Moisture	Protein	Fat	Total Ash	Crude Fibre	Carbohydrate	Calories
Mean Value of Replications	17.89%	0.84%	1.97%	2.6%	1.60%	76.7%	327.09Kcal

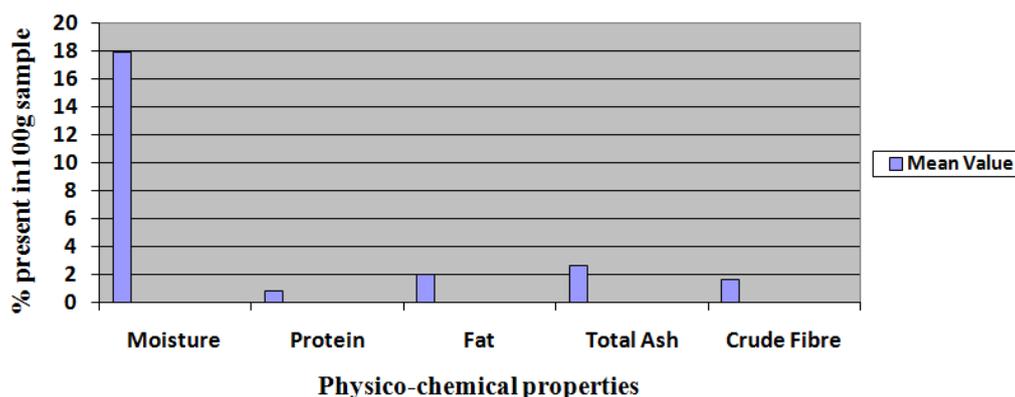


Fig. 3.1 Effect of Physico-chemical properties on developed digestive pills.

IV. Summary and Conclusion

4.1 Summary

This present investigation on development and Physico-chemical analysis of digestive pills from *Makoi* was undertaken in the Department of Food Process and Engineering, Vaugh school of Agricultural Engineering and Technology, Sam Higginbottom Institute of Agriculture, Technology and Sciences Allahabad. In the present investigation efforts were made to develop the digestive pills with incorporation of other digestive ingredients which also helped the sensory characteristics to the developed digestive pills. During the Physico-chemical analysis it was found that the developed digestive pills had moisture (17.89%), protein (0.84%), fat (1.97%), total ash (2.6%), crude fibre (1.60%), carbohydrate (76.7%) and calories (327.09Kcal). It was also found from Anova that the variation between the product treatments was non-significant and the variation within the product replications was significant.

4.2 Conclusion

From this preliminary investigation and research, it has been concluded that the development and Physico-chemical properties of developed digestive pills have good source of protein, fat, crude fibre, carbohydrate and calories which also lies under the dietary limit of daily intake. The developed digestive pills have found satisfactory in the stomach digestion after testing their physico-chemical analysis and has acceptable; while the extract mechanism of action remains to be elucidated in many cases of disease. The *Makoi* (*Solanum nigrum*) has wide-ranging Therapeutic properties needs to be investigated in well-designed studies and further research is in process to find more uses of *Solanum nigrum* (Hawkes and Edmonds, 1972; Kajaet al., 1997; Landolt, 1977).

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