

Giant Cell Tumor Of Extensor Tendon Sheath Of Ring Finger, Rare Presentation: Case Report

Miss Sumaiya Fatima, Miss Mariya Tahoor, Miss Nikhath Fatima
Research Student

Dr Siddaram Patil N
Professor. Department Of Orthopaedics.

Abstract:

Background: A Giant Cell Tumor of the extensor tendon sheath, additionally called 'Synovioma,' is taken into consideration a benign tumor, however it's miles widely known for its excessive chance of recurrence. Tumors bobbing up from the extensor tendon sheath of the center phalanges are notably uncommon. Additionally, bony involvement in Giant Cell Tumor of the extensor tendon sheath is unusual however intently related to the threat of neighborhood recurrence following surgery. Radiological symptoms and symptoms of bone involvement can also additionally encompass strain erosion, well-described cortical destruction, and degenerative arthritis. The number one remedy for this circumstance entails the entire elimination of the tumor from the tendon sheath.

Keywords: Gaint Cell Tumour, Extensor Tendon Sheath,

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I. Introduction:

A Giant Cell Tumor of the extensor tendon sheath, additionally called 'Synovioma,' is taken into consideration a benign tumor, however it's miles widely known for its excessive chance of recurrence. Tumors bobbing up from the extensor tendon sheath of the center phalanges are notably uncommon. Additionally, bony involvement in Giant Cell Tumor of the extensor tendon sheath is unusual however intently related to the threat of neighborhood recurrence following surgery

II. Case Report:

A 41-year-antique male offered with a painless swelling at the returned of his proper hand, in particular over the hoop finger, which have been gift for 4 years. The mass changed into formerly eliminated 12 months in the past however has when you consider that again to its contemporary length. The swelling measured 2.5 cm with the aid of using 3.5 cm in diameter and changed into first of all painless, regularly growing in length with none accompanying signs and symptoms along with pain. On bodily examination, the swelling changed into firm, non-tender, and can be moved selectively. There had been no symptoms and symptoms of contamination or inflammation.

III. Investigation:

X-Ray: Radiological imaging of the proper hand discovered gentle tissue opacity over the center phalanx area.

MRI: MRI confirmed an altered sign depth lesion at the dorsal component of the hoop finger, extending from the proximal to the distal interphalangeal joints, performing hypointense on T2-weighted images. Clinical differential diagnoses covered overseas frame granuloma, epidermoid cyst, and Giant Cell Tumor.



Fig: 1 Clinical Picture

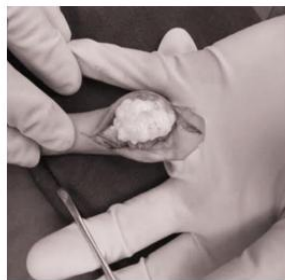


Fig: 2 Intra -Operative



Fig: 6 Tumor Size



Fig: 3 X-Ray Oblique View



Fig: 4 X-Ray AP View

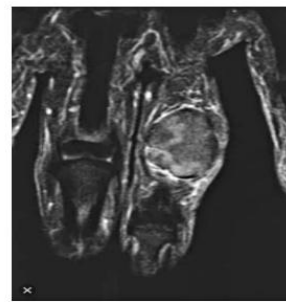


Fig: 5 MRI

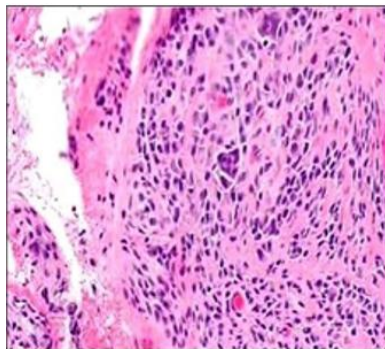


Fig: 7 Microscopic

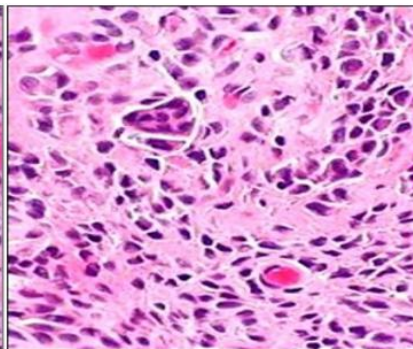


Fig: 8 Macroscopic

IV. Treatment:

The tumor changed into absolutely excised beneath brachial block local anesthesia. Complete excision is hard because of the tumor's affiliation with the tendon sheath or synovial joint. The affected person changed into accompanied up for 12 months with check-ups each 3 months, and no recurrence has been discovered so far. All hand capabilities had been preserved.

V. Discussion:

Giant Cell Tumor of the extensor tendon sheath, additionally called Synovioma, is the second one maximum not unusualplace tumor withinside the hand, even though its actual motive is unknown. While numerous theories had been proposed concerning its development, reactive or regenerative hyperplasia related to an inflammatory manner is broadly accepted. Cytogenetic facts advise that the area 1p11-thirteen is maximum generally concerned in structural adjustments. Giant Cell Tumor of the tendon sheath is often related to degenerative adjustments in bone, mainly withinside the distal interphalangeal joint. There are sorts of Giant Cell Tumor of the extensor tendon sheath: the not unusualplace localized kind and the uncommon diffuse kind.. The diffuse kind is taken into consideration the gentle tissue equal of villonodular synovitis (PVNS), generally affecting the decrease limbs. PVNS differs from Giant Cell Tumor of the extensor tendon sheath, which takes place inside tendon sheaths, even as PVNS is positioned inside joints.

Giant Cell Tumor of the extensor tendon sheath is mostly a painless mass which could persist for weeks to so long as thirty years. Some sufferers can also additionally enjoy distal numbness or moderate incapacity because of impaired hand feature because of the tumor length. The tumor is firm, lobulated, non-tender, and slow-growing, occasionally inflicting the overlying pores and skin to stretch and end up shiny. Lesions are regularly transilluminating.

On gross examination, those tumors are well-circumscribed and multinodular, regularly with shallow grooves alongside their deep floor because of the underlying tendon. Tumor length can variety from 2.5 cm to 35 cm. The shadeation can range from white to yellow-orange, relying on the quantity of hemosiderin, collagen, and histocytes withinside the tissue.

VI. Conclusion:

In this case, entire surgical excision caused no recurrence of the tumor. Therefore, entire surgical elimination seems to be the important thing issue in stopping recurrence, as numerous research imply that incomplete or marginal excision is related to better recurrence rates.

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