

IV. Discussion

Present work was planned to study correlation of physical & biochemical parameters of human semen in addicts & functional impotants.

The work was carried on 125 subjects, they were taken randomly.

Their wives were attending the Department of Obstetrics & Gynecology, Govt, Medical Collage & Hospital Aurangabad. They were investigated in Govt. Medical Collage & Hospital Aurangabad.

The 125 subjects were arranged in five groups. Each group contains 25 subjects. 1st group is called fertile group or control group. 2nd group contained 25 subjects having history of tobacco chewing since 10 -12 years. They use to take 2-3 packets of □ Zarda □ daily. Each packet contains 10 gms of tobacco.

IIIrd group contained 25 subjects having history of cigarette smoking more than 20 cigarettes day & night since 9 to 10 years.

IVth group contained 25 subjects having of history of drinking alcohol of any kind more than 10 years. They use to drink alcohol more than 180 ml dally.

Vth group was also called functional Impotant's group contained subjects, having history of functional impotence.

The semen samples were analyzed for volume, motility & sperm count. The ascorbic acid & fructose levels were obtained calorimetrically.

Both these physical & biochemical parameters were compared between control group & tobacco, chewers, smokers, alcoholics, and functional impotant's group.

Table & Fig shows ascorbic acid concentration in five groups. The ascorbic concentration goes on decreasing from group 1th to vth group. It is highest in control group, than other groups. It shows that as quality of semen goes on decreasing. It also indicates that as ascorbic acid goes on decreasing fertility also decreases. It means that tobacco, alcohol & functional impotence affect ascorbic levels in semen.

Ascorbic acid concentration in the body depends upon dietary intake of fresh fruits. Which are rich sources of ascorbic acid (Dr. Shirole C. D. 1978) the subjects belonging to the addicts & functional important group have less dietary intake of fresh fruits? This is also one of the reasons for lowering the ascorbic acid concentration.

In some studies done by others same observation is noted. Fertile group having higher concentrations of ascorbic acid than infertile group (Dr. Shirole C. D. 1978) Philips & Co- workers also found that bulls of high fertility groups semen containing 3 to 8 mg % ascorbic acid where as low fertility bulls may have less than 2 mg % In contrast to the above findings some workers observed that, fertile group shows lower ascorbic acid concentration than impaired semen (Vishwanar P.S. 1966)

The Significance of fructose in seminal plasma is a controversial subject. Some observed no statistical relationship between fructose level & sperm concentration. But others demonstrated definite inverse relationship between fructose & sperm count. (4) (48)

Our findings are not in conformity with those of Scheoenfeld et al, Moon & Bing who have reported the absence of any difference in fructose levels between normospermic, oligospermic & azoospermic.

In some studies smokers were found to have semen volumes significantly smaller than non smokers (Andrologia, March – April 1991)

In our study decrease in volume from Ist group to Vth group is very less in amount. It indicates that in addiction & functional impotence cases, there are no much any changes in volume of semen.

Alcohol, Tobacco chewing & Smoking also affects the motile count. In functional impotants group, there is slight reduction in motile count.

In functional impotant's group it is slightly reduction in motile count.

In control group the total sperm count is 180 .46 / millions / ejaculate while it is decreased in remaining groups. It is lowest in alcoholics groups. Thus the sperm count is greatly affected by alcohol drinking & smoking.

In functional impotants group it is slightly reduced. There is no any causative factor. It is decreased due to emotional disturbances, there is hormonal imbalance taking place & affecting sperm production.

The studies of others show that reproduction is mainly based on hormonal balance but emotional upset can disturb the hormonal balance & reproduction (Patrurkar, 1978)

The impact of tobacco on reproductive capacity is noted. Similar to our studies decrease in sperm density in male smokers was reported (Raboch journal 1975)

Similar results with the study of Richard D Amelar and in other studies (Dr. Martin F. Vine, 1979)

Stopping smoking increases sperm count. A study of three smokers who we followed for 5-15 months after stopping smoking reported that their sperm counts rose 50 -80% suggesting that toxic chemicals in smoker are responsible & any reduction in the sperm count is reversible. (Fertility sterility Journal, 1994)

Some studies show that testosterone level in sperm of smokers was fond to be significantly lower than that of non – smokers indicating its

Decreased synthesis by the interstitial leyding cells. (Futility sterility Journal, Aug .1982) Reduction of the testosterone level in serum of smokers below that of non smokers was also reported by Briggs, in six healthy smokers who were smoking more than 30 cigarettes a day.

Dr. Vine also reported that smokers have lower sperm count. 13 % 17 % lower than non – smoker.

But in the journal of Andrologia, it is found that cigarette smoking revealed no detrimental effect on spermatogenesis.

Baul Kotwani & Malik reported that chronic investigation of alcohol results in diminished spermatogenesis due to liver damage. They also reported that of total sterility cases, excessive alcohol taking are 10 % cases, while moderate alcohol taking are 5 % cases.

In Lancet 1953 same findings are obtained.

Excesses alcohol causes damage to the liver cells, thus hamper the metabolism of alcohol causes damage to the liver cells, and thus hamper the metabolism of alcohol. There is accumulation of toxic products with further cause's damage to liver cells. All these processes prevent metabolism of testosterone. (Davidson's principles & practice of Medicine)

V. Summary And Conclusions

Tobacco chewing, smoking, alcoholic drinking & functional impotence does not affect the volume, motility of semen.

The total count & total motile count is significantly decreased in tobacco chewers, smokers & alcoholics. The total count is decreased in functional impotent's group but this is not significant but decrease in total motile sperm count is significant.

The ascorbic acid concentration in semen of these studied four groups is lowered as compared to control group. But this decreased concentration is significant. These findings indicate that lowered concentration of ascorbic acid.

While another biochemical parameter fructose, it's concentration is significantly increased in studied four groups as compared to control group. It shows that percentage of fructose in the semen depends on sperm concentration & it is inversely proportional to the sperm concentration.

Infertility is very tragic & major problem today. In ill-literate people infertility is considered a social stigma. Factors affecting the infertility are coming from both male & female equally. So an investigation of both male & female is very essential. Some couples are infertile due to their ignorance & inadequate information. They must be motivated about such bad habits like smoking, alcohol drinking & tobacco chewing.

The shyness, ignorance & fear about functional impotence also must be removed.

The present study indicates that addiction & functional impotence causes decrease in male fertility potential. However, Further studies are required in this filed.

Bilovgaphy

- [1] All India Institute of Medical Sciences, New Delhi publication on December 12,1988
- [2] Andrologia: 23(2); 141-4, March – April 1991.
- [3] Briggs MH: Cigarette smoking and infertility in man. Med J. Aust. 1: 616, 1973.
- [4] Devidson's Principles and practice of Medicine.
- [5] Fertility Sterility Journal, Vol. 38, No. 2 Aug .1982.
- [6] Fertility sterility Journal 6 (1); 35-43, 1994.
- [7] Dr. Maarityn F Vine: University of North Carolina, Jan 7, 1979.
- [8] Moon KH, Binge RG.: Observations on the biochemistry of human semen. Fertility sterility 19: 186,1968.
- [9] Paturkar : Semen analysis in infertile couples, 1978.
- [10] Raboch Journal, Mella J: Smoking and fertility, BR. J. sexual med: 35, 1975.
- [11] Schoenfeld CY, Amelan RD, Dubin L, Numeroff M: Prolactin , Fructose Zinc levels in human seminal plasma. Fertility sterility J.32: 206, 1979.
- [12] Shirole CD: Some of the biochemical constituents in human semen in health and disease, 1978.
- [13] Vaishwanar PS, Deshkar B.V.: Am. J. Obst . Gynecol, Aug .15, 1966.