

## **‘Prediction of ST Elevation Resolution on the basis of Time Interval of onset of Chest Pain to Intervention (Total Ischemia Duration) among AMI (Acute myocardial infarction) Patients undergoing PCI (Percutaneous coronary intervention)’**

Dr V V Agrawal<sup>1</sup>, Dr Mayank Sarawag<sup>2</sup>,

<sup>1</sup>Senior Professor, Department of cardiology, SMS Medical college, Jaipur, Rajasthan

<sup>2</sup>SR, Department of cardiology, SMS Medical college, Jaipur, Rajasthan.

Corresponding Author: Dr V V Agrawal

In 1969 it was demonstrated that myocardial ischemic injury after coronary artery occlusion is not fixed but can be influenced profoundly by altering the balance between myocardial oxygen supply and demand<sup>1</sup>. In experiments with occluded coronary arteries, the magnitude of ST segment elevation correlated well with subsequent depression of myocardial creatine kinase activity and with evidence of myocardial necrosis on histologic examination. The height of the ST segment elevation on ECG was, therefore, utilized as an index of the severity of ischemic injury<sup>2,3</sup>. Analysis of ST segment resolution (STR) on electrocardiograms provides a simple means to document the success of epicardial reperfusion, and predict the short- and long-term prognosis of patients after STEMI. Resolution of ST segment elevation has also been used as a tool to evaluate microvascular- and tissue-level perfusion.

Persistent elevation of ST segment after restoration of epicardial flow is indicative of incomplete myocardial reperfusion and confers a poorer prognosis<sup>4,5</sup>. The extent of ST segment Elevation Resolution is a powerful tool in the evaluation of reperfusion therapy in patients with STEMI (ST elevation myocardial infarction)<sup>6,7</sup>. In both Fibrinolytic therapy and PCI, complete STR after the procedure has been correlated with decreased mortality, MACE (Major adverse cardiovascular events). Studies have also shown that complete STR correlates with higher myocardial salvage and a better left ventricular ejection fraction. Studies suggesting that ST resolution is a highly accurate predictor of infarct artery patency (positive predictive value 90%) but inaccurate for predicting IRA occlusion (negative predictive value approximately 50%)<sup>8,9</sup>. Patients with anterior infarction develop significantly less STS resolution than those with inferior infarction, suggesting that STS resolution is a less accurate predictor of reperfusion among patients with anterior versus inferior MI<sup>18</sup>. Patients with TIMI grade 3 flow demonstrate significantly greater STS resolution than patients with TIMI grade 2 flow<sup>8</sup>.

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### **I. Aims and objectives**

- To predict ST Segment Elevation Resolution at 90 minutes of Intervention in Acute MI Pts undergoing PCI on the basis of time duration of Total Ischemic Interval (Onset of chest pain to Intervention) and other independent variables like age, gender, medical comorbidities (RFs, Risk factors), EF, TIMI Flow.
- To determine the difference in ST Segment Resolution among 3 different groups of patients-
  1. Those who reported after 24 hours of chest pain (OWP, out of window period) Followed by PCI for appropriate indications
  2. Those who reported within window period of chest pain  
Thrombolysis followed by Rescue PCI for appropriate indications
  3. Primary PCI

### **II. Methodology**

Type of study- Hospital based Observational Stud

Duration- 1 Yr.

To diagnose patients with STEMI (>1 mm ST-segment elevation in  $\geq 2$  limb leads or >2 mm ST-segment elevation in  $\geq 2$  precordial leads). In case of posterior myocardial infarction >2 mm ST-segment depression in  $\geq 2$  precordial leads). All IWMI pts had right sided and posterior leads taken. ST segment analysis is conducted according to validated criteria with EP Calliper. ST segments were measured 20 ms after the end of the QRS complex and the TP segment was used as the isoelectric reference baseline. Maximum ST Segment Elevation is taken for comparison. Anterior Group- v1 to v6 with I and aV1. Inferior Group- 2,3, aVf and rV4,

rV5, rV6 and v7, v8, v9. Complete STR was defined as >70% STR or <70% without residual ST-segment elevation (<1 mm in non-anterior leads and <2 mm in anterior leads).

**Inclusion criteria-** 150 Acute MI Pts. Undergoing PCI are included to predict ST Segment Elevation Resolution on the basis of time interval of Total Ischemic Duration (Chest pain to Intervention) and Other independent factors like age, gender, medical comorbidities, EF, TIMI Flow.

**Exclusion criteria-** Patients were excluded in case of a history of myocardial infarction in the same vascular territory, if the ECG could not be used to measure STR (left bundle branch block, pacemaker or ventricular rhythm). Patients who already showed complete reperfusion with TIMI 3 flow at the start of the PCI procedure and/or resolved symptoms with complete STR. And pts who refused consent.

### III. Statistical analysis

Continuous data are summarized in the form of Mean and SD difference and means of 2 different groups are analysed using Student t Test, for 3 different groups ANOVA is used. Correlation coefficient is used to detect correlation between baseline ST Segment Elevation and 90 minutes Post-PCI ST Segment Elevation. Continuous Data are expressed in the form of Proportions. Difference in proportions is analysed using Chi Square test. The level of confidence is 95% for all statistical analysis with P Value < .05 is kept significant. Statistical analysis is conducted using SPSS 24.

### IV. Results

Table-1

		AWMI(N=73)		IWMI(N=77)		Total(N=150)		P value
		No. number	%	No	%	No	%	
Age Group(Yrs)	30 to 40	4	5.48	2	2.60	6	4.00	0.385NS
	41 to 60	50	68.49	50	64.94	100	66.67	
	61 to 80	19	26.03	22	28.57	41	27.33	
	>80	0	0.00	3	3.90	3	2.00	
	Mean±Sd	55.71	9.77	57.73	9.93	56.75	9.87	
Gender	F	18	24.66	21	27.27	39	26.00	0.85NS
	M	55	75.34	56	72.73	111	74.00	

Abbreviations, Yrs- years, No- number, NS- non significant

Table-2

Risk Factors	No. number	%	No	%	No	%	P value
PAD	0	0.00	1	1.30	1	0.67	
DM	6	8.22	11	14.29	17	11.33	<.03 S
HT	33	45.21	41	53.25	74	49.33	NS
FH	2	2.74	1	1.30	3	2.00	NS
Dyslipidemia	6	8.22	5	6.49	11	7.33	NS
CVA	1	1.37	1	1.30	0	0.00	NS
Smoking/ Tobacco	50	68.49	50	64.94	100	66.67	NS
CAD	2	2.74	1	1.30	3	2.00	NS

Abbreviations, PAD- peripheral artery disease, DM- diabetes mellitus, HT- hypertension, FH- family history of premature atherosclerosis, CVA- cerebrovascular accident, CAD- coronary artery disease, S- significant

No of risk factors	0	1	1.37	2	2.60	3	2.00	P value
	1	48	65.75	47	61.04	95	63.33	
2	21	28.77	25	32.47	46	30.67		
3	2	2.74	2	2.60	4	2.67		
4	1	1.37	1	1.30	2	1.33	0.96NS	
Primary	24	32.88	27	35.06	51	34.00	0.53NS	
Rescue	26	35.62	21	27.27	47	31.33		
ADHOC	23	31.51	29	37.66	52	34.67		
D to B time (Mean ±SD)	72.08 min	9.32	68.89 min	16.25	70.39 min	13.41	.401NS	
TID								
<12 hrs	21	28.77	22	28.57	43	28.67	0.57NS	
12 hrs to 24 Hrs	28	38.36	24	31.17	52	34.67		
>24 Hrs	24	32.88	31	40.26	55	36.67		

Table 3.

Abbreviations, ADHOC- Ad hoc PCI, TID- total ischemia duration, D to B- door to balloon time, min- minutes, Hrs- hours, PCI- percutaneous coronary intervention

	AWMI(N=73)		IWMI(N=77)		Total(N=150)		P value
	No	%	No	%	No	%	
STR	31	42.47	33	42.86	64	42.67	0.91NS
Mean ST elevation	Baseline	4.40 mm	3.40 mm		4.14 mm		.041
	post procedural	2.18 mm	2.1 mm		2.13 mm		.029
Q wave	49	67.12	34	44.16	83	55.33	0.008S
EF%	37.36		45.36		41.47		<0.001S
AK	42	57.53	53	68.83	95	63.33	0.18NS
HK	31	42.47	23	29.87	54	36.00	
NO RWMA		0.00	1	1.30	1	0.67	

Table-4. Abbreviations, AWMI- anterior wall myocardial infarction, IWMI- inferior wall myocardial infarction, STR- ST segment elevation resolution, EF- ejection fraction, AK- akinetic, HK- hypokinetic, RWMA- regional wall motion abnormality

No of vessels	1	60	82.19	56	70.13	114	76.00	0.046NS
	2	9	9.59	12	20.68	21	17.33	
3	7	8.22	5	5.19	12	6.67		
LAD	d	0	0.00	1	1.30	1	0.67	
	M	7	9.59	18	23.38	25	16.67	
	P	62	84.93	2	2.60	64	42.67	
LCX	D	3	94.52	25	28.57	28	60.67	
	Lcx diffuse	3	4.11		0.00	3	2.00	
	p	1	1.37	10	12.99	11	7.33	
RCA	d	3	4.11	2	2.60	5	3.33	
	p	2	2.74	33	42.86	35	23.33	
	m	4	5.48	7	9.09	11	7.33	
	<b>Thrombus</b>	63	86.30	53	68.83	116	77.33	0.076NS
TIMI	1	4	5.48	1	1.30	5	3.33	0.22NS
	2	10	13.70	7	9.09	17	11.33	
	3	59	80.82	69	89.61	128	85.33	

**Table 5.** Abbreviations, LAD- left anterior descending, LCX- left circumflex, RCA- right coronary artery, TIMI- thrombolysis in myocardial infarction, P- proximal, M- mid, D- distal

	Primary (N=51)		Rescue(N=47NS)		ADHOC(N=52)		Total(N=150)		P Value
	No	%	No	%	No	%	No	%	
Age groups(Yrs)									
30 to 40	3	5.88	1	2.13	2	3.85	6	4.00	
41 to 60	30	58.82	34	62.34	36	69.23	100	66.67	
61 to 80	15	29.41	12	25.53	14	26.92	41	27.33	
>80	3	5.88	0	0.00	0	0.00	3	2.00	0.27NS
Means±SD	57.25±11.31		57.06		55.96		56.75		9.87
Gender									0.00
F	11	15.69	15	31.91	16	30.77	39	26.00	
M	40	84.31	32	68.09	36	69.23	111	74.00	0.11NS
Total	51	100.00	47	100.00	52	100.00	150	100.00	

**Table -6.** Abbreviations, F- female, M- male

Risk factors		0.00		0.00		0.00		0.00	
PAD	1	1.96		0.00		0.00	1	0.67	
DM	10	19.61	2	4.26	5	9.62	17	11.33	
HT	22	48.14	24	51.06	28	53.85	74	49.33	
FH	2	3.92	1	2.13		0.00	3	2.00	
Dyslipidemia	15	23.92	17	24.89	12	13.85	44	37.33	
CVA	2	3.92		0.00		0.00		0.00	
Smoking/ Tobacco	31	60.78	31	65.96	34	65.38	96	64.00	
CAD	3	5.88		0.00		0.00	3	2.00	.1NS
MI									
AWMI	24	47.06	25	53.19	23	44.23	69	46.00	
IWMI	27	52.94	21	44.68	29	55.77	77	51.33	0.52NS
D to B time	70.39±13.41 min								
<b>T I D</b>									
<12 hrs	43	84.31	0	0.00	0	0.00	43	28.67	
12 hrs to 24 Hrs	8	15.69	44	93.62	0	0.00	52	34.67	
>24 Hrs	0	0.00	3	6.38	52	100.00	55	36.67	<0.001S

Table 7

Table-8 .Abbreviations, MI- myocardial infarction

	Primary (N=51)		Rescue(N=47NS)		ADHOC(N=52)		Total(N=150)		P Value
	No	%	No	%	No	%	No	%	
Max STE									
Baseline,									
1	2	3.92		0.00		0.00	2	1.33	
avl		0.00	1	2.13		0.00	1	0.67	
2/3	13	25.49	15	31.91	20	38.46	48	32.00	
V2/V3	28	54.90	21	44.68	21	40.38	70	46.67	
v4	6	11.76	10	21.28	11	21.15	27	18.00	
v6	1	1.96		0.00		0.00	1	0.67	
v8	1	1.96		0.00		0.00	1	0.67	
STR	41	80.39	20	42.55	3	9.77	64	42.67	<0.001S
Qwave	17	33.33	20	42.55	46	88.46	83	55.33	<0.001S
EF	43.61	5.23	41.11	4.701	39.69	5.09	41.47	5.25	0.1NS
AK	17	33.33	28	59.57	50	96.15	95	63.33	
HK	33	64.71	19	40.43	2	3.85	54	36.00	
NO RWMA	1	1.96	0	0.00	0	0.00	1	0.67	

Table 9. Abbreviations, Max STE- maximum ST segment elevation

**Table-10,11**

Thrombus	51	100.00	42	89.36	23	44.23	116	77.33	<0.0015
<b>TIMI</b>		0.00		0.00		0.00		0.00	
1		0.00	2	4.26	3	5.77	5	3.33	
2	6	11.76	6	12.77	5	9.62	17	11.33	
3	45	88.24	39	82.98	44	84.62	128	85.33	0.54NS
<b>No of vesseles</b>									
1	36	76.60	38	73.08	40	78.43	114	76.00	
2	12	25.53	6	11.54	8	15.69	26	17.33	
3	3	6.38	3	5.77	4	7.84	10	6.67	0.68NS
<b>LAD</b>									
d		0.00		0.00	1	1.92	1	0.67	
m	12	23.53	5	10.64	8	15.38	25	16.67	
p	19	37.25	23	48.94	22	42.31	64	42.67	

<b>LCX</b>									
d Lcx	4	7.84	11	23.40	13	25.00	28	18.67	
Lcx Diffuse	3	5.88		0.00		0.00	3	2.00	
p Lcx	7	13.73	3	6.38	1	1.92	11	7.33	
<b>RCA</b>		0.00		0.00		0.00		0.00	
d	1	1.96	0	0.00	4	7.69	5	3.33	
p	15	29.41	9	19.15	11	21.15	35	23.33	
m	6	11.76	2	4.26	3	5.77	11	7.33	

AWMI									
	Primary(N=24)		Rescue (N=26)		ADHOC(N=23)		Total(N=73)		P Value
	No	%	No	%	No	%	No	%	
<b>Thrombus</b>	24	100.00	25	96.15	14	60.87	63	86.30	<0.001S
<b>TIMI</b>									
1	0	0.00	2	7.69	2	8.70	4	5.48	
2	2	8.33	4	15.38	4	17.39	10	13.70	
3	22	91.67	20	76.92	17	73.91	59	80.82	0.324NS
<b>STR</b>	19	79.17	12	46.15	2	9.00	31	42.47	<0.001S
STE Baseline, mm	4.88		4.12		4.10		4.40		0.01S
STE post procedure	1.83		1.98		2.36		2.18		0.03S
<b>Q wave</b>	10	31.67	16	61.54	23	90.00	49	67.12	<0.001S
AK	7	29.17	14	53.85	21	91.30	42	57.53	
HK	17	70.83	12	46.15	2	8.70	31	42.47	
No RWMA	1	3	0	0	0	0	1	1.3	<0.001S

Table-12. Abbreviations, mm- millimetre

Table13.

IAMI									
	Primary(N=27)		Rescue(N=21)		ADHOC(N=29)		Total(N=77)		
	No	%	No	%	No	%	No	%	
<b>Thrombus</b>	27	100.00	17	80.95	9	31.03	53	68.83	<0.001S
<b>TIMI</b>									
1	0	0.00	0	0.00	1	3.45	1	1.30	
2	4	14.81	2	9.52	1	3.45	7	9.09	
3	23	85.19	19	90.48	27	93.10	69	89.61	0.44NS
<b>STR</b>	22	81.48	8	38.10	3	10.34	33	42.86	<0.001S
STE Baseline, mm	3.87		3.48		3.24		3.90		0.212NS
STE post procedure	1.81		1.90		1.93		1.88		0.86NS
<b>Q wave</b>	7	15.93	4	22.05	23	79.31	34	44.16	<0.001S
AK	10	27.04	14	66.67	29	100.00	53	68.83	
HK	16	69.26	7	33.33	0	0.00	23	29.87	
No RWMA	1	3.70	0	0	0	0	1	1.34	<0.001S

**Table-14,15**

No of Vessels		STE Baseline	STE post procedure
1(N=110)	N	114	114
	Mean	4.14	2.03
	SD	1.552	.867
2(N=26)	N	26	26
	Mean	4.36	2.37
	SD	1.076	.593
3(N=10)	N	10	10
	Mean	4.70	2.50
	SD	1.636	1.080
Total	N	150	150
	Mean	4.24	2.13
	SD	1.486	.848
P Value		.041	.013

No of Risk Factors		STE Baseline	STE post procedure
0	N	3	3
	Mean	4.00	2.00
	Std. Deviation	1.000	0.000
1	N	95	95
	Mean	4.01	1.99
	Std. Deviation	1.491	.878
2	N	46	46
	Mean	4.25	2.03
	Std. Deviation	1.393	.741
3	N	4	4
	Mean	4.75	2.75
	Std. Deviation	.957	1.500
4	N	2	2
	Mean	7.00	2.90
	Std. Deviation	2.828	.707
Total	N	150	150
	Mean	4.24	2.13
	Std. Deviation	1.486	.848
P Value		.047	.044



**Table-16**

	Primary			Rescue			ADHOC			P Value
	N	Mean STE	Std. Deviation	N	Mean STE	Std. Deviation	N	Mean STE	Std. Deviation	
<12 hrs	32	4.60	2.449	10	4.50	2.135				0.96NS
12 hrs to 24 Hrs	19	4.48	.961	45	4.40	1.089				
>24 Hrs							44	4.15	.905	0.75NS
Total	51	4.55	1.471	55	4.44	1.486	44	4.15	1.592	
P Value	0.442NS			0.07NS						

**Table-17**

TIMI		Age, Yrs	TID, Hrs	EF, %	STE, mm
1	N	5	5	5	5
	Mean	69.20	29.6	37.80	4.16
	SD	9.445	6.98	4.147	1.9
2	N	17	17	17	17
	Mean	65.88	24.60	38.76	4.22
	SD	11.35	4.45	5.21	1.5
3	N	128	128	128	128
	Mean	55.44	21.70	41.97	4.29
	SD	9.06	3.96	5.16	1.6
Total	N	150	150	150	150
	Mean	56.75	28.40	41.47	4.20
	SD	9.87	13.41	5.25	1.56
P Value		.014S	.025S	.12NS	.24NS

Primary		Age, Yrs	D to B time, min	EF, %
AWMI	N	73	73	73
	Mean	55.71	72.08	38.36
	SD	9.77	9.32	4.02
IWMI	N	77	77	77
	Mean	57.73	69.89	44.36
	SD	9.93	16.25	2.67
Total	N	150	150	150
	Mean	56.75	70.39	41.47
	SD	9.87	13.41	5.25
P Value		.213NS	.401NS	0.07NS

Table 18

Table 19

IRA TIMI Flow with Total Ischemia duration(including DIB Time) with STR		
TIMI 3- 36 Pts Total ischemia duration(including DIB Time) 56.9 Hrs STR Y- 32 Pts N- 4 Pts	TIMI 3- 35 Pts Total ischemia duration 38.2 Hrs STR Y- 27 Pts N- 8 Pts	TIMI 3- 28 Pts Total ischemia duration 29.3 Hrs STR Y- 8 Pts N- 20 Pts
TIMI 2- 34 Pts Total ischemia duration(including DIB Time) 37.4 Hrs STR Y- 6 Pts N- 8 Pts	TIMI 2- 15 Pts Total ischemia duration 39.4 Hrs STR Y- 6 Pts N- 9 Pts	TIMI 2- 15 Pts Total ischemia duration 33.8 Hrs STR Y- 2 Pts N- 13 Pts
TIMI 1- 3 Pts Total ischemia duration(including DIB Time) 38 Hrs STR Y- Nil N- 3 Pts	TIMI 1- 2 Pts Total ischemia duration 20 Hrs STR Y- Nil N- 2 Pts	TIMI 1- 2 Pts Total ischemia duration 38.1 Hrs STR Y- Nil N- 2 Pts

Abbreviations, IRA- infarct related artery, Y- yes, N- no

### V. Discussion-

Mean age of our cohort is  $56.75 \pm 9.87$  Yrs. Predominantly male gender 74%. CAD RFs are smoking/tobacco and hypertension seen most commonly. Almost equal distribution of AWMI and IWMI groups 49% and 51% respectively. TID less than 12 hrs cohort has mainly Primary patients, while 12 to 24 hrs cohort has mainly Rescue patients, and more than 24 hrs cohort has AD Hoc PCI patients. The distribution of all three cohorts Primary, Rescue, and AD Hoc PCI has almost equal number of patients, 34% 31% 34% respectively. Mean EF 41.21% with almost 2/3 territories hypokinetic on Echo. SVD was most commonly found lesion in study cohort. Almost 80% of lesions were thrombotic. All vascular territories proximal diseased vessel was most common.

All baseline parameters are matched in AWMI and IWMI groups as well as Primary, Rescue, and AD Hoc groups. Mean TID in Primary group is 16.6 hrs, Rescue group is 21.4 hrs, and AD Hoc group 28.8 hrs. Mean D to B time in Primary cohort is 70.37 min with equal time in AWMI and IWMI groups. Mean STE was higher in Primary v/s Rescue v/s Ad Hoc cohorts without statistically significant difference. Similarly Mean STE was higher for AWMI v/s IWMI groups without statistically significant difference. Almost 2/3 patients in Primary group had STR, opposed to 50% patients in Rescue, and around 10% patients in AD Hoc groups. As age increased Mean STE increased proportionately with statistical significance. Similarly, STR rate also decreased same way. As number of RFs increased Mean STE increased proportionately with statistical significance. Similarly, STR rate also decreased same way.

As TIMI flow decreased Mean STE increased proportionately with statistical significance. Similarly, STR rate also decreased same way. There is a very close correlation between cardiac mortality and extent of ST

segment elevation resolution in patients with evolving myocardial infarction. Therefore, a larger extent of ST segment resolution may serve as a surrogate for improved survival<sup>10,11</sup>. In trials primarily designed to assess mortality differences, different extents of ST segment resolution may provide a sensitive measure of differential clinical benefits<sup>12,13</sup>. The much larger number of ST segment resolution end points can provide statistically significant results with much less resources than would be needed for differences in mortality.

## **VI. Summary**

Extent of CAD and number of RFs is significantly related to STS Elevation. Lack of resolution correlates with TID as well as RFs. Total ischemia duration is main determinant for lack of STR which also relates with TIMI flow.

## **VII. Limitations**

Observational study so bias is likely. No follow up so correlation with CV Events (MACE) is not possible. Baseline ECG is taken admission ECG which may not reflect true extent of STE as symptoms start preceding admission. Stringent criteria for STR is used as 70%, which may miss some of the successful beneficiaries. Sometimes 90 min post procedure ECG may not show STR as after restoring epicardial coronary flow settlement of STE may lag behind which require continuous monitoring. Contribution of epicardial stenosis of coronary artery and microvascular dysfunction at myocardial level for STE separately cannot be made at present as microvascular function assessment during ACS is not feasible.

## **Future directions**

As ECG is an inexpensive tool, contribution of STR in long term CV Events, this can be added to already available risk assessment modules like TIMI risk score for better risk stratifying such cohort.

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