

Phenotypic and Molecular Characterization of ESBL producing Enterobacteriaceae in A Tertiary Care Hospital

Dr.Savitha Rani¹, Dr.I.Jahnavi², Dr.K.Nagamani³

Resident, Associate Professor, Professor Department of Microbiology Gandhi Medical College Hospital Secunderabad Telangana.

Abstract

Background : There is an alarming magnitude of antibiotic resistance, production of Extended-Spectrum β -Lactamases (ESBLs) is a significant resistance-mechanism among Gram Negative bacteria posing challenge to the most coveted wellbeing of man. The Present study was undertaken to detect the prevalence of ESBLs producers, their phenotypic antibiogram, and their genes, *bla* CTX-M, *bla* TEM & *bla* SHV by Multiplex PCR.

Methodology: In this prospective study, 240 non repetitive Isolates of Enterobacteriaceae from various samples of different departments of Gandhi Hospital were processed for the presence of ESBL by Phenotypic screening, Jarlier DDST, Phenotypic confirmatory test (CLSI guidelines), Vitek2 System, Multiplex PCR for Molecular characterization over a period of 1½ years in the Department of Microbiology Gandhi Medical College and Hospital, Secunderabad, Telangana.

Results: Out Of 240 Gram negative isolates 35.8% were phenotypically confirmed ESBLs producers. OP samples yielded 49/86(56.98%), whereas IP 37/86 (43.02%)(P value 0.0327 statistically significant). Medical and Surgical ICUs yielded 50%, Predominant organism isolated was *E.coli* 61.62%. All the isolates were 100% resistant to 3rd generation Cephalosporins, 100% Sensitive to Carbapenems, Genotypic characterization was detected in 78 Isolates. Single gene was found in 73.08%. Single Predominant gene was *bla*CTX-M 71.9%, commonest multiple genes combination was CTX-M&SHV 12.82%.

Conclusion: Our study confirms global trend of resistance to beta-lactam antibiotics. ESBL strains are usually multi-drug resistant. An appropriate and judicious antibiotic use may lead to withdrawal of the selective pressure.

Keywords: ESBLs, DDST, PCT, VITEK 2, CTX-M, TEM, SHV

I. Introduction

The rapid and irrepressible increase in antimicrobial resistance more so the ESBLs production by Enterobacteriaceae was a worrying global health concern, posing unique challenges to clinical microbiologists, clinicians, infection control professionals and antibacterial-discovery scientists. β -Lactams are safest and most frequently prescribed antimicrobial agents all over the world in treating Gram positive and Gram negative infections¹.

Betalactamases were numerous and the genes encoding them mutate continuously in response to heavy pressure of antibiotic use. They have spread threateningly in many regions of the world creating serious problem to the currently available antibiotic armory. Being Plasmid mediated, it facilitated the dissemination of resistance not only to β lactams but also to other commonly used antibiotics such as fluoroquinolones and aminoglycosides.² Quinolone antibiotics were potent promoters of ESBL transmission. Prevalence of ESBLs in United States among *E. coli* ranges from 0 to 25% (NNIS)³. In Japan <0.1%⁴, in Korea 4.8%, in Taiwan 8.5% and up to 12% in Hong Kong.⁵ In India various authors reported the prevalence of ESBLs ranging from 4% to 83%.⁶

The first beta-lactamase TEM a plasmid-mediated enzyme named after the patient Temnoniera from whom it was discovered in Athens of Greece in 1960s, now 175 different TEM enzymes and 127 SHV (Sulfhydryl variable) enzymes exist (www.lahey.org/studies/). Up to 20% of the ampicillin resistance in *K. pneumoniae* was due to SHV-1. In 1989 Bauernfeind et al⁷ from Germany reported CTX-M-1 (Cefotaximase). It had spread globally, currently more than 80 CTX-M enzymes were known. The initial CTX-M arose in the nosocomial setting and spread to the community. The reporting of ESBL producers help the clinicians to select the appropriate antibiotics for the treatment and to take proper precautions to prevent the spread. Some ESBLs may not reach a level to be detected by disk diffusion, but result in treatment failure, identifying the exact ESBL subtype was possible only by molecular detection methods. Though so many types of ESBLs exist majority of the ESBLs were derivatives of TEM, SHV or CTX-M enzymes. Judicious usage of extended-spectrum cephalosporins, periodic surveillance of antibiotic resistance patterns for formulating Antibiotic Policy, and efforts to decrease empirical antibiotic therapy prevent spread and outbreaks of ESBL producing bacteria

II. Aims

1) To determine the prevalence of extended spectrum beta lactamases (ESBLs) among clinical isolates of Enterobacteriaceae. 2) To determine their phenotypic antibiogram, and Minimum Inhibitory Concentration (MIC) of Antibiotics by Vitek 2 System, 3) To detect main ESBL encoding genes such as CTX-M, SHV and TEM by Multiplex PCR (M-PCR) in Gandhi hospital, Telangana.

III. Materials And Methods

A total of 240 non repetitive, clinical isolates of Enterobacteriaceae from a variety of clinical samples from Out-patients and In-patients of Gandhi Hospital were processed in the Department of Microbiology laboratory over a period of 1 ½ years (April 2013 - September 2014) The Isolates were identified, both by conventional Method (Mackie and McCartney Practical Microbiology⁸, Koneman's color atlas and textbook of diagnostic microbiology Diagnostic microbiology⁹) and Vitek 2 System [using Identification GN13 cards; AST (Antibiotic Susceptibility Testing) cards bio Merieux, Durham, NC]

The Isolates were screened for possible ESBL production by Screening tests, Doubledisc synergy test (DDST) and the Phenotypic Confirmatory Test (PCT) as per the guidelines issued by Clinical Laboratory standards Institute 2013.¹⁰

Co-resistance to fluoro-quinolones, aminoglycosides, trimethoprim-sulphamethoxazole, and beta lactamase inhibitor combinations and susceptibility to carbapenems were determined by disc diffusion method, control strains used were

Positive control : ESBL-producing organism (*Klebsiella pneumoniae* ATCC 700603)

Negative control: Non-ESBL-producing organism (*Escherichia coli* ATCC 25922)

The 86 ESBL producers confirmed by PCT were subjected for detection of genes encoding Beta Lactamases by multiplex PCR amplification using primer sets for blaCTX-M, blaTEM, blaSHV genes, according to the methodology described in the Sambrook and Russell¹¹ and referred in an article by Meeta Sharma et al¹²(2012) for primers. **Molecular Method:** A) DNA extraction was done by boiling method, B) DNA amplification-Multiplex PCR C) Gel electrophoresis and Visualization of PCR products under UV lights by trans-illuminator. The Master mix was prepared as follows: 2.5µL of PCR buffer, 2.5µL of 10mM dNTP mix, 1µL of Taq DNA Polymerase, 22µL of RNase free water and 2µL of each of the forward and reverse primers.

CTX-M beta-lactamase: 560 bp

Forward Primer : 5'- GAAGGTCATCAAGAAGGTGCG -3'

Reverse primer : 5'- GCATTGCCACGCTTTTCATAG- 3'

TEM beta-lactamase: 459bp

Forward Primer : 5' - GAGACAATAACCCTGGTAAAT- 3'

Reverse primer : 5'- AGAAGTAAGTTGGCAGCAGTG- 3'

SHV beta-lactamase: 383bp

Forward Primer : 5'-GTCAGCGAAAAACACCTTGCC- 3'

Reverse primer : 5'-GTCTTA`TCGGCGATAAACCAG- 3'

DNA amplification in thermal cycler: An initial denaturation step at 95°C for 5min followed by 35 cycles of denaturation at 95°C for 30 sec, annealing at 60°C for 30sec, extension at 72°C for 2 min ending with a final extension step at 72°C for 10 min and followed by a hold at 4°C.

Agarose gel electrophoresis: Was done for The PCR products with 1.8% agarose gel using suitable molecular weight markers.

DDST PCT 1) Gel documentation 2) Gel documentation



1) Gel documentation of Multiplex PCR analysis showing 2) Gel documentation of Multiplex PCR

Lane-1 ,50bp DNA ladder, Lane 2 Negative control analysis the presence of ESBL genes.

Lane 3 positive control SHV, CTX-M Showing the presence of ESBL genes Lane-1 Positive Control, Lane 2 Negative Control

Lane -4 and 5-SHV, Lane -6 and 7 CTX-M Lane -3, 4, 6, and 7 TEM, Lane 5 DNA ladder 50 bp

EPI INFO 2000 version statistical software package was used for statistical analysis. Chi-Square test was applied to test whether differences between values were significant. P values <0.05 was considered as statistically significant. P>0.05 insignificant.

IV. Results

Out of 240 Gram Negative isolates, 35.83% were ESBLs producers by PCT and by Vitek 2 system, molecular characterization was found among 32.5%. More number of Isolates were 42.1% among 41-60 years of age group, followed by >60yrs (36.5%), 21-40(26.9%) and 1-20(18.18%). Males were 38.83%, Females 33.5% (Table 1). More number of isolates were from OP49/86 (56.98%) whereas IP 37/86 (43.02%) (Table 2). p value 0.0327 statistically significant. Medical and Surgical ICUs yielded 50% followed by ICCU 47%, Ortho 45%, OBG 25%, Surgery 20%, Medicine 16.66% and least from ENT 6.6% (Table 3). Higher frequency among Pus samples 41.8% followed by Urine 36.25%, Sputum 33.3% lowest from blood 15% (Table 4). *Escherichia coli* was the most common isolate 61.63% followed by *Klebsiella pneumoniae* 30.23%, *Proteus* species 5.81%, *Citrobacter* 2.33%. All the isolates were Resistant (100%) to Cefotaxime MIC ≥ 4 , Ceftriaxone MIC ≥ 8 , Cefuroxime MIC ≥ 64 and Aztreonam MIC ≥ 2 , Sensitive (100%) to Imipenem, Meropenem, Doripenem and Ertapenem MIC range was ≤ 0.12 to < 0.5 .

Among the *E. coli* isolates highest resistance was observed with Nalidixic acid 92.45%, followed by Amoxicillin/clavulanic acid 88.67%, Trimethoprim/Sulfmethaxazole 84.9%, Ciprofloxacin 81.13%, Levofloxacin 69.81%, Minocycline 67.92% and sensitivity was high with Ceftazidime/sulbactam 96.23% followed by Piperacillin/Tazobactam 79.24%. Most prevalent gene was CTX-M 60.37% followed by TEM 11.32%, SHV 3.77%, CTX-M+TEM 9.4%, CTX-M+SHV 11.32%, not characterized were 3.77%.

Among the *Klebsiella* isolates resistance was highest 92.3%, with Amoxicillin/clavulanic acid and Ciprofloxacin followed by Nalidixic acid 88.46%, Trimethoprim /sulfmethaxazole 76.92%, Levofloxacin 76.9% and highest sensitivity was observed with Ceftazidime/sulbactam 96.16% followed by Gentamycin 69.24% Piperacillin/ Tazobactam 65.39%, Amikacin 61.54% (Table 5). Out of 86 phenotypically confirmed ESBLs 78 were genotypically confirmed (Table 6).

Single gene was found in 73.08%, multiple genes were found in 26.92% (Table 7). Most prevalent gene was CTX-M 34.61%, followed by TEM 15.38%, SHV 11.53%, multiple genes were TEM+SHV 19.23%, CTX-M+SHV 15.38%, not characterized was 3.84%.

Proteus species (20%), and *Citrobacter* (8%) were isolated from surgery department. Among the *Proteus* SHV (20%) and TEM+SHV (20%), 60% were not characterized, *Citrobacter* isolates 100% were not characterized (Table 8).

V. Discussion

The emergence of ESBL-producing bacteria had been strikingly increasing worldwide, and still considered as a threat since they were transferred by plasmid which can be easily transmitted between the species.¹³ The therapeutic options for these infections became increasingly narrowed down of the pipeline increasing morbidity and mortality. Hence continuous monitoring systems and effective infection control measures were absolutely necessary.

The present study revealed 35.8% prevalence of ESBL producers which correlated with N. Fam et al¹³ from Egypt 35.7%, slightly lesser than Neema Shashwati et al¹⁴ from Mumbai 48.27%, Meeta Sharma¹² from Jaipur reported 52.49%, Rodrigues C et al¹⁵ from Mumbai showed 53% whereas R. Canton et al¹⁶ from Europe and Goosens et al¹⁷ found 1-12% to as high as 39-47% in Russia, Poland and Turkey. The wide variation in the prevalence was probably due to differences in the risk factors and the excessive use of cephalosporins, and a high rate of patient transfer from the peripheral centers who received prior multiple antimicrobial treatments with high end antibiotics Mathur P et al¹⁸

The study showed high prevalence of the ESBL producers among 41-60 years age group (46.51%) which was correlating with Metri Basvaraj et al¹⁹ 41-60yrs, Lautenbach et al²⁰ 54yrs median age, This may be because more number of patients were hospitalized in that age group and had other risk factors like Diabetes Mellitus. Whereas Gopal Kashyap et al²¹ showed 20-40yrs age group (43 %) as UTI was more common in middle age group.

There was slight male preponderance 38.83% this was correlating with Lautenbach et al,²⁰ Nema Shashwati,¹⁴ Nibedita Das et al.²² Whereas female preponderance was noticed by Kiratisin et al²³ from Thailand and Metri Basvaraj et al¹⁹ from Bijapur as number of female patients suffering from UTI with ESBL producers were more.

More ESBL isolates were from Out-Patient departments of various disciplines 49/86(56.98%) whereas IP 37/86 (43.02%) (P value 0.0327 statistically significant.), which was in accordance with Shakti Rath et al²⁴ from Bhubaneswar OP 56.31%, IP 43.69%, slightly lower than GopalKashyap et al²¹ OP 65.6% Whereas Vemula S et al²⁵ from Kurnool, reported more from IP departments 60%. In the beginning ESBLs were a hospital based crisis but now becoming more common among community acquired isolates, this should alert the physician. Medical and surgical ICUs yielded more number of isolates 50%, followed by the ICU 45% this was comparable with reports by Varsha Gupta et al²⁶ from Chandigarh and Faustine Ndugulile et al²⁷ from Tanzania, Marra²⁸ et al from Brazil., and Mathur et al¹⁸ at 79% from AIIMS New Delhi, whereas Methri Basavarajuet al¹⁹ showed more from ICU. This could be due to the prolonged hospital stay, indwelling Canulas, catheters, endotracheal or nasogastric tubes, gastrostomies or tracheostomies and due to severe illness.

ESBL distribution was more among pus samples 41.8%, which was correlating with Dasgupta Rubin et al²⁹ from Dehradun, Maninder Kaur et al³⁰ from Amritsar and Varsha Gupta et al²⁶ from Chandigarh Whereas Gaurav Dalela et al³¹ and R. Eshwar Singh et al³² reported urine and Marra²⁸ from blood. Majority of ESBL positive isolates were *E. coli* 61.6% this was slightly lesser than that of R. Eshwar Singh et al³² 67% from Devangere, Pathak A³³ from Ujjain 69%, in a report from Pondicherry 81% Slightly higher compared to Nema Shashwati et al¹⁶ 50.14%. Rudresh et al³⁴ 40.2%. The percentage of *Klebsiella pneumoniae* 30.2%, was in accordance with M. Karagaret al³⁵ 30.55% from Iran. The percentage of *Proteus* spp 5.81% was correlating with Vidya Pai et al³⁶ 5.5% from Mangalore. The percentage of *Citrobacter* spp 2.32% was less compared Choi Set al³⁷ who reported 4.9% from Korea, very much less compared to Shrestha et al³⁸ 16.6% from Nepal. Of the 240 isolates ESBL producers by using the PCT were 86(100%), DDST 45.34%. Emery³⁹ also found DDST could not detect all ESBL-producing isolates. PCT was technically simple cost effective, and 100% in concordance with MIC of Vitek 2 System report. Bradford PA¹ explained that false-positives may occur if the isolate lacks ESBL but produces an excess of TEM-1 or SHV-1 on the other hand, isolates harboring both ESBLs and AmpC-type β -lactamases may result in false-negative results.

VITEK 2 system a reliable timesaving tool for routine identification of ESBL-producing strains. All the isolates 86 were sensitive 100% to Carbapenams as these antibiotics were highly stable to β -lactamase activity they remain the only choice of treatment for infections by ESBLs producers. All the Isolates were 100% resistant to 3rd generation Cephalosporins & Aztreonam, which was in accordance with Manoharan A et al⁴⁰, from Vellore, Sanjeev Kumar et al⁴¹ from Udaipur, Akbar M. Rafay et al⁴² from Oman. R. Bonnet et al⁴³ Nema Shashwati¹⁶ found Most of them were ceftazidimases, and only a few are cefotaximases. This high degree of drug resistance could be due to the availability of drugs to patients with or without any prescription and discontinuing them in the middle of the course.

E. coli isolates showed highest resistance to Nalidixic acid 92.45%, followed by Amoxicillin/clavulanic acid 88.67% Trimethoprim/sulfamethoxazole 84.9%, Ciprofloxacin 81.13%, Levofloxacin 69.81%, Minocycline 67.92%, Nitrofurantoin 60% and sensitivity was 100% for Carbapenam, 96.23% for Ceftazidime/sulbactam followed by Piperacillin/Tazobactam 83.02% which was nearer to the reports of Meeta Sharma et al from Jaipur,¹² Wong-Beringer⁴⁴ et al. from Pakistan. The *Klebsiella* isolates were highly resistant to Amoxicillin & clavulanic acid and Ciprofloxacin 92.3% followed by Nalidixic acid 88.46% Trimethoprim & sulfamethoxazole, Levofloxacin 76.92%, sensitive was 100% for Carbapenam 96.16% for Ceftazidime/sulbactam followed by Gentamycin 69.24%, Piperacillin/ Tazobactam 65.39%, Amikacin 61.54%.. Which was near to Meeta Sharma¹² from Jaipur, Ullah et al⁴⁵ from Pakistan

Jacoby⁴⁶ explained, that this may be due to the occurrence of genes encoding resistance to aminoglycoside, trimethoprim-Sulfamethoxazole, and quinolones on the same plasmid that encodes for ESBL production. Martínez-Martínez⁴⁷ and colleagues in their analysis found porin loss among the ESBL producing *K. pneumoniae* also showed active efflux of quinolones, Energy dependent accumulation of Norfloxacin. Out of 86 phenotypically confirmed ESBLs 78 showed genotypic characterization. More number of isolates expressed single genes 73.71% multiple genes were 26.29%. This was nearly correlating with Meeta Sharma¹² from Jaipur, Mehdi Kargar³⁵ from Iran. Whereas Kaftandzieva et al⁴⁸ from Skopje reported mixed genes.

Among the ESBLs Producing *E. coli* CTX-M-60.37% TEM-11.32% SHV-3.77% CTX-M+TEM 9.4%, CTX-M+SHV 11.32%, isolates not characterized were 3.77% nearly correlating with Maninder Kaur²⁷ CTX-M genes 59.32%, CTX-M+TEM 8.4%. Meeta Sharma et al¹² from Jaipur CTX-M 80%, Ho. P. L⁴⁹ observed UTI due to CTX-M ESBL produce *E. coli* strains, A Manoharan et al⁴⁰ observed TEM and CTX-M were predominant. Most prevalent gene among *Klebsiella* was CTX-M 34.61%, followed by TEM+ SHV 19.23%, TEM 15.38, CTX-M + SHV 15.38%, SHV 11.53%, not characterized was 3.84%. Slightly lesser than Feizabadi M Met al⁵⁰ reported bla(CTX-M-I) 46.51%. Mubarak et al⁵¹ from UAE reported the emergence and dissemination of CTX-M-15 as 87% among *E. coli* and *K. pneumoniae* CTX-M enzymes are now endemic over a wide geographic area, Most strains producing CTX-M enzymes seem to be implicated in nosocomial infections.

James H. Jorgensen⁵² found CTX-M prevalent globally Livermore et al⁵³ R. Bonnet⁵⁴ found CTX-M gene replacing TEM and SHV types in many European and Asian countries. Mathai D et al⁵⁵ observed CTX-M as

Predominant gene in India. The easy dissemination, extraordinary spread of the CTX-M enzymes deserving an uncontrolled pandemic scenario was due to the resistance determinants and the frequency of transfer in the range of 10^{-7} to 10^{-2} per donor cell *bla*_{CTX-M} harboring plasmids.

Table No.1 Sex wise distribution of ESBL producers

Sex	Total n=240	ESBL Positive (n=86)	ESBL Positive %
Male	103	40	38.8
Female	137	46	33.5

Table No.2 Distribution of ESBL producers in O P and I P Patients

Total no N=240	Total I.P N=136		Total O.P N=104	
Total ESBL positive N= 86	ESBL positive N=37	ESBL negative N= 99	ESBL positive N=49	ESBL negative N= 55

Table No.3 Distribution of ESBL Producers among various Departments

Department	Total Isolates	Total no ESBLs= 86	<i>Escherichia coli</i> n =53	<i>Klebsiella pneumoniae</i> n=26	<i>Proteus SPP</i> n=5	<i>Citrobacter Freundii</i> n=2
MICU	40	20(50%)	15(28.3%)	5(19.23%)	-	-
SICU	50	25(50%)	12(22.6%)	6(23.07%)	5 (20%)	2 (8%)
ICCU	32	15(47%)	11(20.7%)	4(15.3%)	-	-
Ortho	20	9(45%)	4(7.54%)	5(19.23%)		
OBG	25	5(20%)	3(5.6%)	2(7.69%)	-	-
Medicine	25	5(20%)	3(5.6%)	2(7.69%)	-	-
Surgery	25	5(20%)	4(7.54%)	1(3.84%)	-	-
ENT	30	2(6.6%)	1(1.88%)	1(3.84%)	-	-

Table No 4 Distribution of ESBL producing organism in various clinical samples

Name of the organism	Pus	Urine	Sputum	Stool	Vaginal swabs	Blood
<i>Escherichia coli</i> n =53	28(52.8)	21(39.62%)	-	2(3.77%)	2(3.77%)	
<i>Klebsiella pneumoniae</i> n=26	11(42.3)	8(30.76%)	4(15.38%)			3(11.5%)
<i>Proteus Spp</i> n=5	5(100%)					
<i>Citrobacter freundii</i> n=2	2(100%)					

Table No.5 Antimicrobial resistance pattern among ESBL positive isolates

Name of Antibiotic	<i>Escherichia coli</i> , N=53			<i>Klebsiella pneumoniae</i> N=26			<i>Proteus spp.</i> N=5			<i>Citrobacter spp</i> N=2		
	S	I	R	S	I	R	S	I	R	S	I	R
Ceftazidime	-	-	53	-	-	26	-	-	5	-	-	2
Ceftriaxone	-	-	53	-	-	26	-	-	5	-	-	2
Cefuroxime	-	-	53	-	-	26	-	-	5	-	-	2

Cefuroxime axetil	-	-	53	-	-	26	-	-	5	-	-	2
Ampicillin	-	-	53	-	-	26	-	-	5	-	-	2
Amoxiclav	4	2	47	1	1	24	0	0	5	0	0	2
Nalidixic acid	4	-	49	3	-	23			5			2
Trimethoprim/sulfamethoxazole	8	-	45	6	-	20	-	-	5	-	-	2
Ciprofloxacin	10	-	43	2		24	2	-	3	1	-	1
Levofloxacin	14	2	37	4	2	20	3	-	2	1	-	1
Minocycline	16	1	36	11	2	13	-	-	5	-	-	2
Nitrofurantoin	26	-	27	11	-	15	-	-	5	-	-	2
Gentamicin	25	1	27	17	1	8	2	-	3	-	-	2
Tigecycline	31	-	22	11	-	15	-	-	5	-	-	2
Amikacin	33	-	20	16	-	10	3	-	2	1	-	1
Piperacillin /Tazobactam	42	2	9	16	1	9	1	1	3	1	-	1
Cefperazone/sulbactam	50	1	2	15	1	10	3	1	1	2	0	
Imipenem	53	-	-	26	-	-	5	-	-	2	-	-
Doripenem	53	-	-	26	-	-	5	-	-	2	-	-
Meropenem	53	-	-	26	-	-	5	-	-	2	-	-
Ertapenem	53	-	-	26	-	-	5	-	-	2		--

Table No 6 Phenotypic and Genotypic distribution of ESBLs

Total no of samples	Phenotypic confirmatory test positives	Genotype positive	Genotype Negative
240	86	78(90.69%)	8(9.3%)

Table No. 7 Distribution pattern of Single and Multiple genes among ESBL producers

Phenotypic ESBL positives	Genotypic ESBL positives	Single genes	Multiple genes
86	78(90.69%)	57(73.07%)	21(26.92%)

Table No 8 Distribution of ESBL genes among the different isolates

Organism	CTX-M N=41	TEM N=10	SHV N=6	CTXM+ TEM N=5	CTX-M + SHV N=10	TEM+ SHV 6	Not characterized n=8	Total
E.coli	32 60.37%	6 11.32%	2 3.77%	5 9.4%	6 11.32%	-	2 3.77%	53
K.pneumoniae	9 34.61%	4 15.38%	3 11.53%	-	4 15.38%	5 19.23%	1 3.84%	26
Proteus spp	-	-	1 20%	-	-	1 20%	3 60%	5
Citribacter	-	-	-	-	-	-	2 100%	2

VI. Conclusion

ESBL strains are usually multi-drug resistant. Quick detection of these strains in microbiology laboratories is very important. A combination of different tests can be useful for accurate identification so that appropriate treatment is instituted to reduce morbidity and mortality substantially. Data on institutional antibiograms are necessary for formulating antibiotic policy and for Antibiotic Stewardship to control Hospital Acquired Infections (HAI). An appropriate and judicious antibiotic use may lead to withdrawal of the selective pressure.

References

- [1]. Bradford P.A. Extended-spectrum beta-lactamases in the 21st century: characterization, epidemiology, and detection of this important resistance threat. *Clin. Microbiol. Rev.* 2001;14:933–951
- [2]. Pfaller MA, Segreti J. Overview of the epidemiological profile and laboratory detection of extended-spectrum beta-lactamases. *Clin Infect Dis.* 2006 Apr 15;42(Suppl 4):S153–63.
- [3]. National Nosocomial Infections Surveillance (NNIS) System Report, data summary from January 1992 through June 2004 issued October 2004. *Am J Infect Control.* 2004;32(8):470–485.
- [4]. Yagi T, Kruokawa H, Shibata N, et al. A preliminary survey of extended-spectrum β -lactamases (ESBLs) in clinical isolates of *Klebsiella pneumoniae* and *Escherichia coli* in Japan. *FEMS Microbiol Lett.* 2000;184:53–56. [PubMed]
- [5]. Yan JJ, Wu SM, Tsai SH, Wu JJ, Su JJ. Prevalence of SHV-12 among clinical isolates of *Klebsiella pneumoniae* producing extended-spectrum β -lactamases and identification of a novel AmpC enzyme (CMY-8) in southern Taiwan. *Antimicrob Agents Chemother.* 2000;44:1438–1442. [PMC free article][PubMed]
- [6]. Hansotia JB, Agarwal V, Pathak AA, Saoji AM. Extended spectrum beta-lactamase mediated resistance to third generation cephalosporins in *Klebsiella pneumoniae* in Nagpur, central India. *Indian J Med Res* 1997; 105 : 158-61
- [7]. Bauernfeind, A., H. Grimm, and S. Schweighart. 1990. A new plasmidiccefotaximase in a clinical isolate of *Escherichia coli*. *Infection* 18:294-298. [PubMed]
- [8]. Mackie & McCartney *Practical Medical Microbiology*; 14th Edition; Elsevier Publications. Chapter 7 – Tests For Identification Of Bacteria, Pp 131 – 150.
- [9]. Koneman's color atlas and textbook of diagnostic microbiology; 6th edition
- [10]. Clinical and Laboratory Standards Institute. 2005 guidelines by CLSI/NCCLS - CLSI informational supplement. Approved standard M100- S15 Wayne, PA; 2000;565
- [11]. Sambrook and Russell editors. In *Molecular Cloning: A Laboratory Manual* 3rd ed vol 1; CSHI Press. New York. 2007; 1.3.2-1.3.4
- [12]. Meeta Sharma Sharma M, Pathak S, Srivastava P. Prevalence and antibiogram of Extended Spectrum β -Lactamase (ESBL) producing Gram negative bacilli and further molecular characterization of ESBL producing *Escherichia coli* and *Klebsiella* spp. *J Clin Diagn Res.* 2013 Oct;7(10):2173-7.
- [13]. N FamFam, M. Diab, H. Helmi and I. El-Defrawy Phenotypic Detection of Metallo- β -Lactamases and Extended Spectrum β -Lactamases Among Gram Negative Bacterial Clinical Isolates *Egyptian Journal of Medical Microbiology, October 2006 Vol. 15, N*
- [14]. Neema Shashwati, Tripathi Kiran and A.G. Dhanvijay Study of extended spectrum β -lactamase producing Enterobacteriaceae and antibiotic coresistance in a tertiary care teaching hospital *J Nat Sci Biol Med* 2014 Jan-Jun;5(1) :30-35
- [15]. Rodríguez-Bano J et al. *Arch Intern Med.* 2008;168:1897-902
- [16]. R. Canton, A. Novais, A. Valverde, E. Machado, L. Peixe, F. Baquero and T. M. Coque. Prevalence and spread of extended-spectrum β -lactamase-producing Enterobacteriaceae in Europe. *CMI*, 14 (Suppl. 1), 144-153 2008;26(4): 356-60.
- [17]. Goossens H, Mystic Study Group MYSTIC program: summary of European data from 1997 to 2000. *Diagn Microbiol Infect Dis.* 2001;41(4):183–9. [PubMed]
- [18]. Mathur P, Kapil A, Das B, Dhawan B. Prevalence of extended spectrum β -lactamase producing Gram negative bacteria in tertiary care hospital. *Indian J Med Res* 2002;115:153-157.
- [19]. Metri Basavaraj C., Jyothi P., Peerapur Basavaraj V: The Prevalence of ESBL among Enterobacteriaceae in a Tertiary Care Hospital of North Karnataka, India ; *Journal of Clinical and Diagnostic Research.* 2011 June, Vol-5(3): 470-475.
- [20]. Lautenbach E, Patel JB, Bilker WB, Edelstein PH, Fishman NO. Extended-spectrum β -lactamase-producing *Escherichia coli* and *Klebsiella pneumoniae*: Risk factors for infection and impact of resistance on outcomes. *Clin Infect Dis.* 2001;32:1162–71.
- [21]. Kashyap G, Gupta S, Mamoria VP, Durlabhji P, Jain D. INCREASING prevalence of extended spectrum beta lactamases (esbls) producing e.coli and klebsiella spp in outpatient departments (opds) patients in urinary tract infections (utis) in tertiary care hospital. *IJCRR.* (2013), [cited November 10, 2014]; 5(11): 80-86.
- [22]. Nibedita Das et al. 10. Das N, Borthakur AK. Antibiotic coresistance among extended-spectrum beta lactamase-producing urinary isolates in a tertiary medical center: A prospective study. *Chron Young Sci.* 2012;1:53–6
- [23]. Kiratisin P, Apisarnthanarak A, Laesripa C, and Saifon P. Molecular characterization and epidemiology of extended-spectrum β -lactamase-producing *Escherichia coli* and *Klebsiella pneumoniae* isolates causing health care-associated infection in Thailand, where the CTX-M family is endemic. *Antimicrob Agents Chemother* 2008;52(8):2818-24.
- [24]. Shakti Rath, Debasmita Dubey, Mahesh C. Sahu, et al. Surveillance of multidrug resistant *Escherichia coli* in a hospital in India.
- [25]. Vemula S and Vadde R. Prevalence of ESBL-Producing *Klebsiella pneumoniae* Isolates in Tertiary Care Hospital. *ISRN Microbiology.* 2011; 2011: 318-48.
- [26]. Varsha Gupta Hena Rani, Nidhi Singla, Neelam Kaistha, and Jagdish Chander Determination of Extended-Spectrum β -Lactamases and AmpC Production in Uropathogenic Isolates of *Escherichia coli* and Susceptibility to Fosfomycin *J Lab Physicians.* 2013 Jul-Dec; 5(2): 90–93
- [27]. Ndugulile F, Jureen R, Harthug S, Urassa W, Langeland N. Extended spectrum beta-lactamases among Gram-negative bacteria of nosocomial origin from an intensive care unit of a tertiary health facility in Tanzania. *BMC Infect Dis.* 2005 Oct 15;5:86.

- [28]. Marra AR, Wey SB, Castelo A, Gales AC, Cal RGR, Filho JRC, et al. Nosocomial bloodstream infections caused by Klebsiellapneumoniae: impact of extended-spectrum β -lactamase (ESBL) production on clinical outcome in a hospital with high ESBL prevalence. *BMC Infect Dis.* 2006;6:24
- [29]. Dasgupta Rubin, SapkotaRajendraPrevalance of Extended spectrum beta lactamase producing Escherichia coli and Klebsiella isolated from various inpatient department samples. *IJRP* 2012 ;3(5):428-31.
- [30]. ManinderKaur, ArunaAggarwalOccurance of the CTX-M, SHV and the TEM Genes Among the Extended Spectrum b-Lactamase Producing Isolates of Enterobacteriaceae in a Tertiary Care Hospital of North India *Journal of Clinical and Diagnostic Research.* 2013 April, Vol-7(4): 642-645
- [31]. Gaurav D. Prevalance of Extended spectrum β -lactamase (ESBL) Producers among Gram Negative Bacilli from Various Clinical Isolates in a Tertiary Care Hospital at Jhalawar, Rajasthan, India. *J ClinDiagn Res* 2012;6:182-7.
- [32]. R. Eshwar Singh, M. Veena, K.G. Raghukumar, G. Vishwanath, P.N. Sridhar Rao, B.V. MurlimanjuESBLresistace patterns in Escherichia coli and klebsiellapneumonia,astudt by DDST method *International Journal of Applied Biology and Pharmaceutical Technology* Volume: 2: Issue-4: Oct - Dec -2011.
- [33]. PathakAPathak A, Marothi Y, Kekre V, Mahadik K, Macaden R, Lundborg CS. High prevalence of extended-spectrum beta-lactamase-producing pathogens: results of a surveillance study in two hospitals in Ujjain, India. *Infect Drug Resist.* 2012;5:65–73
- [34]. Rudresh SM, NagarathnammaTExtended spectrum β -lactamase producing Enterobacteriaceae&antibiotic co-resistance. *Indian J Med Res.* 2011 Jan; 133():116-8.
- [35]. Kargar M., Jahromi MZ, Najafi A, Ghorbani-Dalini S. Molecular detection of ESBLs production and antibiotic resistance patterns in Gram negative bacilli isolated from urinary tract infections. *Indian J Pathol Microbiol.* 2014 Apr-Jun;57(2):244-8.
- [37]. VidyaPai, Sunil Rao P, Bhaskaran Nair Multiple β lactamase enzymes producing clinical isolates of gram negative Bacteria in a teaching hospital *Int J Pharm Bio Sci* 2013; 3(1) 590-
- [38]. Choi SH1, LeeJE, ParkSJ.KimMN,ChooEJ,KwakYG, Jeong JY, WooJH, KimNJ, KimYS Prevalence, microbiology, and clinical characteristics of extended-spectrum beta-lactamase-producing Enterobacter spp., Serratiamarcescens, Citrobacterfreundii, and Morganellamorganii in KoreaEur J ClinMicrobiol Infect Dis 2007 Aug;26(8):557-61.
- [39]. Shrestha S¹Amatya R, Datta R Prevalence of extended spectrum beta lactamase (ESBL) production in gram negative isolates from pyogenic infection in tertiary care hospital of eastern Nepal.Nepal Medical Coll J. 2011Sep;13(3):186-9
- [40]. Emery CL, Weymouth LAJ *ClinMicrobiol.* 1997 Aug; 35(8):2061-7.[PubMed] [Ref list]Detection and clinical significance of extended-spectrum beta-lactamases in a tertiary-care medical center
- [41]. Manoharan A, Premalatha K, Chatterjee S, Mathai D. Correlation of TEM, SHV and CTX-M extended spectrum beta-lactamases among Enterobacteriaceae with their in vitro antimicrobial susceptibility. *Indian J Med Microbiol.* 2011;29(2):161–64.
- [42]. SanjeevkumarSanjeev Kumar, Sudhir Kumar Mehra,R.C.Kanta Extended Spectrum B-Lactamases among Clinical Isolates of Enterobacteriaceae Ssp.: Prevalence and Susceptibility Pattern at A Tertiary Care Hospital *Sch. J. App. Med. Sci.,* 2014; 2(2D):862-864.
- [43]. Akbar M Rafey, Al-Muharrmi Z, Toki R Prevalence of extended-spectrum beta-lactamases-producing isolates over a 1-year period at a University Hospital in Oman.*Saudi Med J.* 2007 Jan; 28(1):22-7.
- [44]. R. Bonnet Growing group of extended-spectrum β -lactamases: the CTX-M enzymes,” *Antimicrobial Agents and Chemotherapy*, vol. 48, no. 1, pp. 1–14, 2004
- [45]. Wong-BeringerA Therapeutic challenges associated with extended-spectrum, beta-lactamase-producing Escherichia coli and Klebsiellapneumoniae.*Pharmacotherapy.* 2001 May; 21(5):583-92..
- [46]. Ullah F, Malik SA, Ahmed J. Antibiotic susceptibility pattern and ESBL prevalence in nosocomial Escherichia coli from urinary tract infections in Pakistan.*Afr J Biotechnol.* 2009;8:3921–6.
- [47]. Jacoby GA, Mediros AA. More extended-spectrum β lactamases.*Antimicrob Agents Chemother* 1991; 35:1697-704
- [48]. Martínez-Martínez L, Pascual A, ConejoMdel C, García I, Joyanes P, Doménech-Sánchez A, Benedí VJ *Antimicrob Agents Chemother.* 2002 Dec; 46(12):3926-32
- [49]. Kaftandzieva A, Trajkovska-Dokic E, Panovski N. Prevalence and molecularcharacterization of Extended Spectrum Beta-Lactamases (ESBLs) producingEscherichia Coli and Klebsiella Pneumoniae. *Prilozi.* 2011 Dec;32(2):129-41.
- [50]. Ho, P. L., W. W. Poon, S. L. Loke, M. S. Leung, K. H. Chow, R. C. Wong, K. S. Yip, E. L. Lai, and K. W. Tsang. 2007. Community emergence of CTX-M type extended-spectrum -lactamases among urinary Escherichia coli from women. *J. Antimicrob. Chemother.* 60:140–144
- [51]. Feizabadi MM¹, Delfani S, Raji N, Majnooni A, Aligholi M, Shahcheraghi F, Parvin M, Yadegarinia D. Distribution of bla(TEM), bla(SHV), bla(CTX-M) genes among clinical isolates of Klebsiellapneumoniae at Labbafinejad Hospital, Tehran, Iran.*Microb Drug Resist.* 2010 Mar;16(1):49-53.
- [52]. Mubarak SA, Abida AE, Hajar MA, Adeel IA. Molecular Characterization and Epidemiology of Extended-Spectrum Beta-Lactamase-Producing Escherichia coli and Klebsiellapneumoniae Isolates in the United Arab Emirates. *Med PrincPract.* 2011;20:177–80.
- [53]. James H. Jorgensen,¹ * M. L. McElmeel,¹ L. C. Fulcher,¹ and B. L. Zimmer² Detection of CTX-M-Type Extended-Spectrum Beta-Lactamase (ESBLs) by Testing with MicroScan Overnight and ESBL Confirmation Panels
- [54]. Livermore DM, Canton R, Gniadkowski M, Nordmann P, Rossolini GM, Arlet G, et al. CTX-M: changing the face of ESBLs in Europe. *J AntimicrobChemother.* 2007 Feb;59:165–74. [PubMed]
- [55]. Bonnet R. Growing group of extended-spectrum beta-lactamases: the CTX-M enzymes. *Antimicrob Agents Chemother.* 2004;48:1–14. [PMC free article] [PubMed]
- [56]. MathaiD,Manoharana, VAsanthan G Epidemiology and implications of ESBL(2009)*Crit Care Update* 2009; 14:152-62