

## **Active Methodologies And Their Impact On Teaching: Educational Innovations In The Face Of The Challenges Of The Contemporary Digital World**

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### **Abstract:**

*The technological and communicational transformations of recent decades have brought about significant changes in teaching and learning methods, prompting reflection on traditional pedagogical practices. In this context, active methodologies emerge as proposals that value student participation, the shared construction of knowledge, and the articulation between theory and practice. This work presents an integrative literature review on active methodologies and their impact on teaching, considering the educational landscape marked by the presence of digital resources and new training demands. The integrative review allowed for the gathering and analysis of national and international scientific productions that address different conceptions, strategies, and experiences related to active methodologies in the contemporary educational context. The analysis of the selected studies highlights that these methodologies have been associated with the reorganization of pedagogical practices, the valuing of student protagonism, and the expansion of interactions in physical and virtual learning environments. Strategies such as problem-based learning, projects, and case studies appear frequently, promoting a closer connection between academic content and contextualized situations. The studies analyzed discuss transformations in teaching practice, highlighting pedagogical mediation, the articulated planning of activities, and the continuous monitoring of students' learning paths. The presence of digital technologies emerges as relevant support for the development of active methodologies, expanding possibilities for communication, collaboration, and access to information. Virtual environments, educational platforms, and interactive resources contribute to the diversification of learning experiences. Another recurring aspect refers to changes in evaluation processes, with emphasis on formative practices based on continuous monitoring, reflective productions, and collaborative activities. These approaches broaden the understanding of evaluation as an integral part of the*

educational process. The literature also points to the importance of continuous teacher training, focused on critical reflection on pedagogical practice and the experimentation of participatory strategies.

In general, the integrative review highlights that active methodologies represent a movement of pedagogical renewal aligned with contemporary educational transformations. The analyzed productions reinforce the relevance of deepening investigations into these methodologies in different teaching contexts, contributing to the strengthening of more participatory, reflective, and contextualized pedagogical practices in the face of the demands of today's digital world.

**Key Word:** Digital education; Pedagogical innovation; Educational technology.

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## I. Introduction

The technological transformations that have occurred in recent decades have profoundly altered social, communicational, and educational practices. In the field of education, these changes have led to questioning pedagogical models centered on the transmission of content, prompting reflections on proposals that value student participation in the learning process. In this scenario, active methodologies have gained visibility by proposing teaching methods based on problem-solving, intellectual autonomy, and the shared construction of knowledge<sup>2</sup>.

The expansion of digital learning environments has modified the relationship between individuals, knowledge, and technologies, broadening the possibilities for accessing information. This context has stimulated pedagogical practices that prioritize interaction, collaboration, and student protagonism, breaking with the traditional expository logic. Active methodologies emerge associated with this movement, presenting themselves as pedagogical alternatives aligned with contemporary educational demands<sup>[1,8,10]</sup>.

The advancement of digital technologies has broadened the repertoire of pedagogical strategies available to educational institutions, directly influencing curricular organization and teaching practices. Resources such as virtual platforms, collaborative environments, and interactive tools have become integrated into the daily school routine, requiring pedagogical approaches that engage with these means. Active methodologies engage with this scenario by proposing learning situations based on problems, projects, and contextualized experiences<sup>[3]</sup>.

The centrality of the student in the educational process is one of the main foundations of active learning methodologies. This perspective values cognitive engagement, critical reflection, and the articulation between theory and practice. Through active participation in the proposed activities, the student assumes greater responsibility for their learning, developing skills related to autonomy, decision-making, and critical thinking<sup>[2,10]</sup>.

Discussions about educational innovation have highlighted the relevance of pedagogical practices that consider the diversity of learning styles and different sociocultural contexts. Active methodologies engage with these discussions by offering flexible, adaptable, and contextualized proposals capable of promoting more meaningful learning. This approach contributes to rethinking teaching practices and the organization of educational spaces<sup>[3,5,10]</sup>.

Given this scenario, it becomes pertinent to analyze the scientific production regarding active methodologies in teaching, especially in the context of the contemporary digital world. Understanding the impact of these methodologies contributes to broadening the academic debate and supporting pedagogical practices consistent with the ongoing educational transformations<sup>[2,4,7]</sup>.

The increasing circulation of information in digital environments has led to changes in how knowledge is produced, shared, and appropriated in educational contexts. This scenario amplifies the demands related to critical thinking, analytical skills, and intellectual autonomy among students. In light of this, pedagogical approaches centered on active participation are gaining ground in academic discussions, as they seek greater coherence with contemporary ways of learning and interacting<sup>[6,9]</sup>.

Active learning methodologies engage with pedagogical concepts that understand learning as a process constructed through social interaction and experience. This perspective breaks with the idea of passive learning and values practices that stimulate questioning, investigation, and cooperation. The student is then understood as a subject who interprets, relates, and attributes meaning to the content being taught<sup>[7]</sup>.

In the current educational context, marked by the constant presence of digital devices, new possibilities for organizing time, space, and pedagogical activities are emerging. Active methodologies fit into this scenario by proposing formative experiences that combine technological resources with reflective practices. This combination contributes to increasing student engagement and diversifying ways of accessing knowledge<sup>[1,9]</sup>.

The overall objective of this study is to analyze national and international scientific production on active learning methodologies through an integrative review, identifying their impact on educational practices in the context of the contemporary digital world.

## **II. Materials And Methods**

This study is characterized as an integrative literature review, an approach that allows for the analysis and synthesis of existing studies on a given topic, with the aim of gathering dispersed knowledge, identifying gaps, and generating new directions for research. The integrative review process seeks to provide a broad and critical view of academic production on active methodologies in the contemporary educational context, allowing for an understanding of their applications, challenges, and impacts. The integrative review was chosen for its ability to integrate different types of studies, such as qualitative and quantitative ones, and for enabling a more in-depth and holistic analysis of the topic.

The search for relevant articles and publications was conducted in several academic databases, such as Google Scholar, Scopus, PubMed, and SciELO. The inclusion criteria were rigorous, prioritizing publications from 2020 onwards, focusing on studies that discuss active teaching methodologies, especially those mediated by digital technologies or in hybrid learning environments. Furthermore, only peer-reviewed articles were considered, ensuring the quality and credibility of the sources used. The databases were chosen based on the relevance and reliability of the publications on these platforms, as well as the diversity of academic research they encompass.

The selection of studies followed criteria of thematic relevance and methodological rigor. Articles that directly addressed the practice of active methodologies in higher education and basic education were included, focusing on the use of technological resources, digital tools, and innovative approaches to teaching and learning. Studies that investigated the perspectives of teachers and students on these methodologies were also considered, aiming to capture a broad view of the effects of their implementation in the school context. In addition, materials that did not offer data or empirical analyses on active methodologies or that treated the subject superficially were excluded.

After selecting the articles, the process of critically reading and categorizing the data began. Each study was analyzed based on predefined criteria, such as research objectives, methodologies employed, results found, and conclusions presented by the authors. The analysis was conducted qualitatively, allowing the identification of patterns, trends, and divergences in the approaches discussed in the articles. Subsequently, the data were grouped into thematic categories, allowing for a clearer organization of the information and facilitating comparison between studies. The categories include themes such as pedagogical strategies, technological resources, the role of the teacher, implementation challenges, and impact on student competencies.

The analysis of the studies followed an interpretive approach, allowing the conclusions of the articles to be related to each other, without disregarding the particularities of each research. In many cases, the studies presented divergent perspectives on the impact of active methodologies, which provided a richer and more detailed discussion. It was possible, for example, to identify the variation in results from different educational contexts, such as remote, hybrid, and face-to-face teaching, and how these methodologies were adapted to meet the different needs of students and educational institutions.

Furthermore, the analysis included a critical reflection on the limitations of the reviewed studies, considering aspects such as sample size, lack of longitudinal data, and contextual variables that may have influenced the results. Gaps identified in the literature were also discussed, such as the scarcity of studies investigating the long-term impact of active methodologies on student performance and learning, and the need for more research exploring the application of these methodologies in different areas of knowledge.

Finally, the data synthesis was organized to present the main findings from the literature, highlighting the pedagogical implications of active methodologies and their contributions to student education in the contemporary digital context. This integrative review maps the current state of knowledge on the topic and provides a basis for future research and pedagogical practices, contributing to the continuous improvement of education.

## **III. Results And Discussion**

The scientific production analyzed presents active methodologies as pedagogical proposals associated with changes in the way teaching and learning are understood in contexts mediated by digital technologies. The studies discuss the replacement of practices centered on continuous exposition with experiences that stimulate the student's intellectual participation, promoting greater engagement with the content being taught. This perspective contributes to rethinking the educational process as a shared construction, articulated with the contemporary social and technological context <sup>[3,10]</sup>.

Much of the research highlights strategies such as problem-based learning, projects, and case studies, described as ways to connect academic knowledge to concrete situations. These strategies facilitate the contextualization of content, stimulating reflection, critical analysis, and decision-making. The literature indicates that such approaches broaden learning possibilities by promoting situations that demand investigation, cooperation, and student authorship <sup>[6,7]</sup>.

Another recurring theme in the discussions concerns the transformations in teaching work. Active methodologies demand careful pedagogical planning, with the organization of activities, the definition of clear objectives, and continuous monitoring of the learning process. The studies analyzed describe changes in the teacher's role, who begins to mediate interactions, guide learning paths, and stimulate student autonomy, redefining traditional teaching practices [3,10].

The presence of digital technologies occupies a central space in the analyses, being understood as a structuring element of active methodologies in the current educational scenario. Virtual platforms, collaborative environments, and interactive resources are described as means that broaden communication, the exchange of ideas, and access to information. The literature indicates that the use of these resources facilitates the creation of more participatory and contextualized pedagogical experiences [5].

The discussions also address the development of cognitive and socio-emotional skills associated with active methodologies. Studies report stimulation of critical thinking, complex problem-solving, and collaborative work. These skills appear to be related to the formation of more autonomous individuals, capable of analyzing situations, proposing solutions, and engaging with different perspectives in the learning process [4,8].

Another recurring aspect concerns the tensions present in the implementation of these methodologies. The literature mentions issues related to teacher training, technological infrastructure, and institutional culture as factors that interfere with the adoption of innovative pedagogical practices. These elements demonstrate that the incorporation of active methodologies occurs differently among institutions and levels of education, reflecting specific contexts [2,6].

The studies analyzed also highlight the importance of adapting active methodologies to the educational realities in which they are applied. Academic productions indicate that pedagogical practices need to consider student characteristics, institutional conditions, and formative objectives. This reflection contributes to avoiding the uncritical adoption of pedagogical models, valuing contextualized pedagogical choices [7,9].

The literature still discusses the relationship between active methodologies and assessment processes. Studies point to the increased use of formative assessments, based on continuous monitoring, self-assessment, and peer assessment. This movement contributes to redefining assessment as an integral part of the learning process, moving away from exclusively classificatory practices [10].

Recent literature also addresses the relationship between active methodologies and curriculum reorganization, highlighting changes in the way content and teaching sequences are structured. The studies analyzed describe more flexible curricula, organized around integrating themes and problem-solving situations, which facilitates connections between different areas of knowledge. This curriculum reorganization helps to overcome the fragmentation of knowledge, promoting more contextualized learning connected to the social and technological reality experienced by students [1,7,9].

Another recurring aspect concerns the expansion of pedagogical interactions in digital environments. Active methodologies encourage collaborative practices mediated by technology, such as forums, collective productions, and group activities carried out on virtual platforms. Studies discuss that these interactions broaden the possibilities for dialogue between students and teachers, strengthening the exchange of experiences and the collective construction of knowledge, even in remote or hybrid teaching contexts [4,6].

Scientific production also discusses the relationship between active methodologies and student engagement. The studies analyzed indicate that practices based on active participation tend to spark greater interest in the content, by proposing activities that demand reflection, decision-making, and authorship. This engagement appears associated with a sense of belonging to the educational process, since the student begins to perceive meaning in the activities developed [3,5].

The reviewed research focuses on changes in learning assessment methods associated with active learning methodologies. There is a growing emphasis on continuous assessment processes, using portfolios, reflective journals, projects, and collaborative productions. These assessment formats are described as instruments that accompany the student's learning journey, enabling broader analyses of the development of knowledge and skills throughout the educational process [8].

Another aspect present in the literature refers to teacher training focused on active methodologies. Studies highlight the importance of training processes that promote critical reflection on pedagogical practice, articulating theory and professional experience. Continuing education appears as a space for experimentation, exchange of knowledge, and re-signification of teaching work in the face of educational transformations mediated by digital technologies [10].

The discussions also address the diversity of educational contexts in which active methodologies are applied. The studies analyze experiences at different educational levels, areas of knowledge, and educational modalities, highlighting multiple ways of adapting these practices. This diversity reinforces the understanding that there are no single models, emphasizing the relevance of pedagogical choices that are consistent with institutional and sociocultural realities [4].

The literature also discusses the relationship between active methodologies and the development of students' intellectual autonomy. The studies analyzed describe pedagogical practices that encourage decision-making, the definition of personal study strategies, and the self-regulation of learning. This movement contributes to the formation of more participatory individuals, capable of monitoring their own learning path and reflecting on their progress and difficulties throughout the proposed activities<sup>[1,3]</sup>.

Another axis of analysis present in the studies refers to the transformations in learning spaces. Active methodologies facilitate the reorganization of physical and virtual classrooms, prioritizing flexible, collaborative, and interactive environments. The layout of spaces, the use of digital resources, and the organization of activities are described as factors that influence the quality of pedagogical interactions, expanding the possibilities for dialogue and the collective construction of knowledge<sup>[7,8]</sup>.

Scientific publications also address the relationship between active methodologies and the institutional culture of educational institutions. Studies indicate that the adoption of these pedagogical practices demands changes in educational conceptions, management processes, and forms of organization of pedagogical work. This movement requires institutional openness to innovative practices, valuing pedagogical experimentation, and recognizing teaching initiatives aimed at the active participation of students<sup>[9]</sup>.

#### **IV. Conclusion**

The analysis developed throughout this study allows us to understand active methodologies as pedagogical proposals that engage with the educational transformations associated with the advancement of digital technologies. These methodologies present a conception of teaching centered on student participation, the shared construction of knowledge, and the valuing of contextualized formative experiences, aligned with contemporary educational demands.

The scientific production examined demonstrates that active methodologies contribute to the redefinition of pedagogical practices, promoting changes in the organization of teaching, in teacher performance, and in the forms of interaction in the physical or virtual classroom. The strategies analyzed indicate a movement towards overcoming traditional models, facilitating practices that stimulate reflection, authorship, and collaboration in the learning process.

The studies analyzed also reinforce the relevance of using digital technologies to support active learning methodologies. Virtual environments, educational platforms, and interactive resources expand pedagogical possibilities, strengthening communication, cooperation, and monitoring of students' learning paths. This scenario highlights the need for coherent and contextualized articulation between pedagogical proposals and technological resources.

Another key aspect highlighted concerns the importance of teacher training in light of the pedagogical changes analyzed. Active methodologies demand continuous training processes that promote critical reflection on practice, pedagogical experimentation, and the exchange of experiences among teachers. This training contributes to broadening the understanding of the use of participatory strategies in teaching mediated by digital technologies.

In light of the above, this study reinforces the relevance of further investigations into active methodologies in different educational contexts. Expanding theoretical and empirical research can contribute to strengthening the academic debate and supporting pedagogical practices aligned with the transformations of the contemporary digital world, promoting more participatory and contextualized learning.

The reflection developed throughout the study allows us to recognize that active methodologies occupy a relevant space in the contemporary educational debate, especially in light of the transformations promoted by digital culture. The productions analyzed demonstrate that such methodologies engage with new ways of teaching and learning, in which the student assumes a participatory and reflective position in the formative process.

It is observed that the adoption of these methodologies brings about changes that go beyond the classroom, reaching the curricular organization, evaluation processes, and pedagogical management. These transformations demand coherence between institutional proposals, teaching practices, and educational objectives, reinforcing the importance of articulated and contextualized pedagogical planning.

The studies examined also indicate that the integration of active methodologies and digital technologies expands possibilities for interaction and the collective construction of knowledge. This integration contributes to the creation of more participatory learning environments, in which the exchange of experiences, dialogue, and collaboration take center stage in the educational process.

Another relevant aspect refers to the emphasis on intellectual autonomy and the student's responsibility for their learning. Active methodologies facilitate formative processes that stimulate reflection, decision-making, and self-regulation, aspects directly related to the formation of critical and participatory individuals in the current educational context.

Therefore, further discussions on active methodologies are relevant for strengthening pedagogical practices aligned with the transformations of the contemporary digital world. Continued studies on this topic can

broaden the understanding of its implications for education, contributing to educational practices that are more consistent with the formative demands of today's society.

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