

## **Works of Maha Kavi Bharathiar and Yogiraj Vethathiri Maharishi towards the Welfare of Women**

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**Abstract:** - The woman who was a woman in the maternal society that had dominated the woman was very valuable. Sexual division of labor in all parts of society has reduced the status of woman. The woman gradually lost her rights. Natural woman deserves to have children; Because of giving, she has taken care of chores such as taking care of children and nurturing them. As a result, the man's business of manufacturing was discredited by former household chores and child care. As these customs became more common, the woman was isolated and placed in the confines of her world.

It took the form of male manufactured assets. The woman's reproduction was branded as her duty. Her labor was worthless. As a result of the privatization of assets, the woman was forced to live on behalf of the man, irrespective of the economy. She was regarded as a consumer product and a child-receiving machine. She has been carefully guarded from the high place of society, by the abundance of team languages that have always been the site of sacrifice and the birthplace of patience. She was denied the rights of the right half of society.

From this point onwards, there have been many ways in which women's society has emerged and from the beginning to the present day, many hippos have made their own way into the society as a male, gaining all the hype that has been denied to them; Mahakavi Bharatiya and Vethathiri Maharishi and have done a remarkable works towards the welfare of Women; The mission of the organization is to showcase the services rendered to the welfare of women.

**Key Words:-** Traditional Women's position- Male-domination, Modern-age Women empowerment - Women's Rights- Mahakavi Subramaniaya Bharathiyar - Vethathiri Maharishi works - Women Welfare.

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### **I. INTRODUCTION**

Bharathi and Kannamma Bharati have revealed in their writings that it was only after a conversation with Swami Vivekananda's disciple Mata P Nivedita that a large part of her work was transformed from the earlier position of Mahavivi Bharatiya on women and that conversation induced Bharatiyar to do many things for women of the nations. The he had started writing a lot for women. Similarly, Yogiraj Vethathiri Maharishi was inspired by his mother's pure love and virtue; At the same time, the place given to women in society during her early life, it is no exaggeration if the suffering and the injustices that have been inflicted on women have led the Maharishi to work for the benefit of women.

**Mahakavi Bharathiyar :-**The life of the great poet Bharathi was bound up with poverty and ignorance, and the people of the Indian Nation on the one hand. Lack of consistent food distribution took the brunt of the hunger pangs and brought them to life in clusters. Natural outbreaks and the impact of pestilence have taken thousands of lives.

Why don't people express casteism, untouchability, superstition, the practice of climbing up with a lost woman, sexism, refusal of widow's remarriage, women's male slavery, denial of female education, denial of women Labor, the lack of wages for labor, the slave charter, etc. He thoughts that his writing was appropriate tool to eliminate the suffering and injustice of people from their worst positions in the society.

From this point on, Bharati thought that a free India would be a way out of the position of the Indian people, since the whole of English rule was in full force. after that; When it came to being a woman, he firmly believed that the Indian male population would break out of all the underwear she had been given. Bharati who came to talk about women in his essay in page 86 and 87

" Dear Tamilnadu Sisters even though you have many rare talents and tricks, you have risen to the level of education and there is no place for you to keep up with the news and changes from time to time. The genuineness is considered to be the greatest duty of all women in the civilized countries of the world, not only

Tamil Nadu. No matter how hard it is to protect it, no matter how hard it is. But from an early age, the heavy desire to hang a heavy jewel on the ear and shoulder to the chest, and sometimes to the chest, a strange desire to be found in many parts of Tamil Nadu. But this is not enough to a women but you to be so strong to stand your own leg by fighting for your rights is to be assured that others should not give in to humility. and in page 263

In Traditional Vedas there is no even a single word evidence of disparities by Birth , Religion and caste . If we treat other people as slaves, we will treat ourselves and our people tomorrow as other people.

Women are equally talented in the plumbing industry. And even in countries where they are earning a lot of money for men and not getting paid for them, men keep women in slavery. (Page 252)

A woman can tell her husband if she wishes to adopt this anti-Semitic system, "I will live with you in all ways, if you agree with life. Otherwise I would not be cooking tonight. If you get knocked out, you will die in Rasta. This house is mine ". I must say that I will not leave this place. No matter how many thousands, if any, of our men and women, we are told that we will not live with male people in the absence of perfect equality; We should not fear them, even if they cause us death. Start the Dharma War at that level for the liberation of the woman and we will win. (Page173)

Everyone wants women to be with genuineness. The difficulty is that for male people are not like this.. Each of the male people does not show to other women how much he wants his wife to be a public record. Almost everyone believes that women of their own race post. (Page 157)

Women can marry as they please. Divorced husbands are not slaves to women. Uyirtunai. The crush for life. A part of life. Like Shiva and Parvati, he halved Sri. Vishnu is placed on top of his chest. Both are perfect equivalents; The same applies to the woman's atomic height. Kavitha Publishing.Chennai 2001;

Women should fight men and shoulders for free India. The male should be respected and treated equally. Be free from superstitious beliefs and practices. To be educated. Many tasks have to be done. Love in the family. To live without chastity. Sexual marriage should be abolished altogether. Widows should remarry. Property rights should also be given to women. It is only at this level that Bharati lists the things that should be covered first and for this purpose, in many ways, in various forms of his writing"

On those days for Bharathi It was not necessary to think of other area of welfare for women's lives beyond the above welfare aspects of women. but he narrated clearly and filled with full of vigorous in the minds women to fight against anything and anywhere which are against the welfare of women's right. . Therefore, it is possible to see in the context of this basic thought that Bharathi has come to both the writing and the action, with a clear intention to look at the role played by women in the society in detail.

Yogiraj Vethathiri Maharishi:- When Vedathiri Maharishi came into the Society to serve he noticed that the expectation of Bharathi in his writings became into success and they were found successfully. Girls and women were in a safe environment. They have lived a normal life like a male , walking in all the fields in parallel with the men with full freedom; However, the mind of the men is a lifeline for women, and the heavenly space is not full of emotion .Women role in society is more complicated than that of men due to her dual role as earner and a housekeeper. This affected her physical health and the stress spoiled women's confidence level to achieve more.

In his writings he wrote as

If we take the population of the world, half are women and the other half are men who are given birth by women. All of us who have gathered here have come through women. Women bear the child when it is in the womb. After it is born, the blood of the mother is transformed into milk and she feeds the baby. So in all human beings basically only the mother's blood is running. But we generally forget this. We have to understand the special importance of women.

We usually say that God has created us, but the real job has been given to women. I am not saying this just to praise women. I make only such statements which cannot be denied and at the same time should not be forgotten. In society still women do not have equal rights. Even in property rights women have not been given equal rights. Even though a law was passed this is not being implemented in practice. We should change all this. Every individual needs maintenance and security. Men should provide these to women.

The true saints are women; they leave their parents, their house, their villages and start living with people who are total strangers. What sacrifice can be greater than this? Let us all respect each other and live happily.

Although women are branded in almost all spheres, he is well aware that there are various ways in which the spiritual advancement is being halted and there are obstacles in the way of progress.

For women and for whole human being he ,Shri Vethathiri Maharishi, a spiritual leader, developed the SKY Yoga [Simplified Kundalini] system after his years of intense meditation, yogic practices, research and spiritual realizations. The SKY Yoga system includes:

**Simplified Physical Exercises for Health.** Based on bio-magnetism, the system of simplified physical exercises developed. It develops the immunity system and thus acts as a preventive and as a curative to various disease.

**Meditation Practices for Inner Peace.** “Meditation is a practice to commune the consciousness with the vast universe.” – Shri Vethathiri Maharishi

In SKY practice various stages of meditation are given to an individual. A trained master initiates the student into meditation practice, i

**Kaya Kalpa Yoga for Anti Aging:** t is a practice devised by ‘Siddhas’, the wise ancestral sages, to intensify the vital energy and thus enhance the quality of life. It has a three-fold objective:

- maintaining youthfulness and physical health;
- withstanding the ageing process;
- live a full span of quality life;

**Introspection for Happiness:** A practical methodology for sublimating the negative emotions of greed, anger, vengeance, worries, etc. Introspection techniques and discourses on various aspects of Self, Society and Nature. Introspection includes practices of self-analysis designed to take stock of positive and negative characteristics in our personality. eliminate the unwanted and incompatible aspects of one’s character. Strengthen the habits of good thought, word and deed and discerning and rejecting the habits which are unwanted.

The five techniques of introspection are:

- Analysis of Thoughts
- Streamlining of Desires
- Neutralization of Anger
- Eradication of Worries
- Realization of Self.

## II. CONCLUSIONS

Both Maha Kavi Bharathi and Vethathiri Maharishi worked a lot towards the Welfare of Women. Bharathi created many revolutionary thinking in the minds of women when they were totally ignored treated with disparity compared to men and refused their rights. This small spark of his writing changed many things in our nations towards the betterment of women welfare. At this Maharishi came and developed a systematic science based yogic practice and that are followed laks of people through out the world. He believed by following his Kundalini Yoga Courses(Residential, University and online) surely any Individual could attain peace which will create family peace , country peace and finally global peace at one stage. So this article will be a helpful tool for women for their best welfare in the world.

Ref: Maha Kavi Bharathiyar Padaipugal Thoguppu and Vethathiri Maharishis writings

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